

1 21 NCAC 46 .1821 is adopted as proposed in 37:20 NCR 2030-34 as follows:

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3 **21 NCAC 46 .1821 DIRECT-TO-PATIENT DELIVERY SYSTEMS**

4 (a) This Rule sets out the requirements under which pharmacies may utilize "direct-to-patient" or ("DTP") delivery
5 systems for dispensing in the State of North Carolina.

6 (b) Definitions.

7 (1) "Direct to patient system" or "DTP system" means any delivery system through which a pharmacy
8 dispenses drugs, devices or medical equipment to a patient through any means other than:

9 (A) in-person dispensing to a patient by pharmacy personnel inside a pharmacy,

10 (B) in-person dispensing by delivery to a patient's residence or to a health care provider treating
11 that patient,

12 (C) shipping through common carrier to a patient or to a health care provider treating that
13 patient, or

14 (D) the use of an automated dispensing device by a health care facility pharmacy that is
15 governed by Rule .1419 of this Chapter.

16 Except as provided in this Rule or one of the exceptions set out above, no licensee or permittee shall
17 participate in any arrangement whereby prescriptions may be left at, picked up from, accepted by,
18 or delivered to any other place. The only DTP systems allowed are "lockers" and "kiosks" as defined
19 herein.

20 (2) The "home pharmacy" means the pharmacy responsible for dispensing drugs, devices or medical
21 equipment through a DTP system.

22 (3) A "locker" means a secure container in which pharmacy personnel place completed and labeled
23 patient-specific drugs, devices, or medical equipment to be picked up by the patient.

24 (4) A "kiosk" means an automated system that is capable of filling, labeling and dispensing drugs,
25 devices, or medical equipment to be dispensed to a patient.

26 (c) Any DTP system located within the State of North Carolina (whether a locker or a kiosk) must meet the following
27 requirements:

28 (1) Before any drugs, devices, or medical equipment may be dispensed from a DTP system, the home
29 pharmacy must be permitted by the Board. In addition, before any drugs, devices, or medical
30 equipment may be dispensed from the DTP system, the DTP system must hold a limited service
31 permit if it is not located at the home pharmacy's permitted facility.

32 (2) The home pharmacy must notify the Board, in writing, prior to using any DTP system, including
33 the location of the DTP system and the licensed pharmacist(s) responsible for the DTP system. The
34 home pharmacy must notify the Board prior to moving the DTP system and must secure a new
35 limited service permit, if one is required by Subparagraph (c)(1) of this Rule, before operating the
36 DTP system in the new location. The home pharmacy must notify the Board within 10 days after
37 discontinuing the use of any DTP system.

- 1 (3) The home pharmacy must own or otherwise have the legal right to sole use of the DTP system.
- 2 (4) Any DTP system must be 60 miles or fewer from the home pharmacy (via the shortest surface street
3 route) in order to facilitate supervision of the DTP system.
- 4 (5) A DTP system may be placed in the office of a prescriber only if the DTP system is under the
5 ownership and control of the home pharmacy, which is responsible for compliance with all laws
6 regarding the DTP system. The prescriber must offer patients a choice of pharmacy, and neither the
7 home pharmacy nor the prescriber may compensate the other for the placement of the DTP system
8 or for any prescriptions filled by the DTP system.
- 9 (6) The DTP system must be secured to prohibit access by unauthorized personnel and to maintain
10 confidentiality of patient information. The DTP system must be under the continuous supervision
11 of a pharmacist employed by the home pharmacy. To qualify as continuous supervision, the
12 pharmacist is not required to be physically present at the site of the DTP system if the pharmacist
13 electronically supervises the DTP system.
- 14 (7) The DTP system must display the home pharmacy's name, address, phone number, North Carolina
15 permit number, and the name of the home pharmacy's pharmacist-manager, as well as (where
16 applicable) the limited service permit number for the DTP system and the name of the limited service
17 permit's pharmacist-manager and assistant pharmacist-manager, if any.
- 18 (8) The home pharmacy must ensure that there is video surveillance of the DTP system and any persons
19 using or accessing the DTP system. It must maintain any recordings for a minimum of 90 days.
- 20 (9) The home pharmacy shall develop, maintain, and follow a manual of policies and procedures that
21 includes policies and procedures for:
- 22 (A) Maintaining the security of the DTP system and the drugs, devices, and medical equipment
23 within the DTP system.
- 24 (B) Determining and applying criteria regarding which drugs, devices, and medical equipment
25 are appropriate for placement in the DTP system and which patients are eligible to use the
26 DTP system.
- 27 (C) Maintaining any drugs, devices, and medical equipment at temperatures, humidities and
28 other environmental conditions to ensure that they do not become adulterated under G.S.
29 106-133 and to ensure that they are transported and stored in accordance with
30 manufacturer's specifications, if any, for those items.
- 31 (D) Removing outdated drugs, devices, and medical equipment from the DTP system as set
32 forth in Subparagraph (c)(11) of this Rule on a regular basis so that patients do not receive
33 drugs, devices, and medical equipment with a beyond use date during the period when the
34 patient is to use the item.
- 35 (E) Describing the assignment of responsibilities to, and training of, pharmacy personnel
36 regarding the maintenance and filling procedures for the DTP system.

1 (F) Orienting participating patients on use of the DTP system; notifying patients when
2 expected drugs, devices, or medical equipment are not available in the DTP system or when
3 the DTP system is not functioning and notifying them of alternate methods for having those
4 prescriptions filled; and ensuring that patient use of the DTP system does not interfere with
5 the delivery of drugs, devices, and medical equipment to patients.

6 (G) Inspecting the DTP system during each required inspection.

7 This written manual of policies and procedures shall be reviewed and updated, if needed, annually.

8 (10) The home pharmacy shall comply with any federal and state controlled substance laws and rules,
9 including but not limited to registrations that may be required for any DTP systems, before any
10 controlled substances are dispensed from any DTP systems. The home pharmacy must comply with
11 G.S. 90-106.1 in dispensing any drugs covered by that statute from a DTP system, and must visually
12 confirm that the person seeking the dispensation is the same as the person on the photographic
13 identification provided.

14 (11) Drugs, devices, and medical equipment may be stocked in, or removed from, a DTP system in the
15 State of North Carolina only by pharmacy personnel who are licensed with this Board as pharmacists
16 or registered with this Board as technicians or pharmacy interns. The home pharmacy must maintain
17 records of any access to the DTP system by pharmacy personnel stocking or otherwise accessing
18 the DTP system.

19 (12) The home pharmacy may use DTP system only with prior approval of the patient.

20 (13) The dispensing pharmacist on any drugs, devices, or medical equipment dispensed from a DTP
21 system in the State of North Carolina must be licensed with this Board.

22 (14) Before a prescription is dispensed from the DTP system, the dispensing pharmacist at the home
23 pharmacy must verify each prescription and must conduct a drug utilization review and otherwise
24 assure that the drug, device, or medical equipment may safely be dispensed to the patient.

25 (15) The labels of any drugs, devices, and medical equipment dispensed from a DTP system must be
26 labeled for the individual patient and contain all information required by law, including but not
27 limited to having the dispensing pharmacist identified on the label.

28 (16) The home pharmacy must create and maintain all required records for any drugs, devices, and
29 medical equipment dispensed in a DTP system. Any kiosk must be connected to the home
30 pharmacy's automated data processing system, and any drugs, devices, or medical equipment
31 dispensed from any locker must be recorded in the home pharmacy's recordkeeping system. The
32 records must reflect that the drugs, devices, and medical equipment were dispensed by the DTP
33 system, and the recordkeeping system must be capable of producing a record of all drugs, devices,
34 and medical equipment dispensed from the DTP system.

35 (17) The DTP system must have a means to identify each patient and release only that patient's
36 prescription drugs, devices, or medical equipment to the patient. In the event that the DTP system

1 releases a patient's drugs to the agent for a patient, the DTP system must have a means to ensure
2 that the agent is authorized to receive drugs, devices, or medical equipment for that patient.

3 (18) The DTP system must offer to counsel a patient as required by Rule .2504 of this Chapter and must
4 provide the ability for the patient to have an immediate real-time consultation with a pharmacist
5 licensed by this Board and employed by the home pharmacy who has access to all of the home
6 pharmacy's information related to the patient. The communication link shall protect the
7 confidentiality of the patient's information. The home pharmacy must check the communication link
8 at least daily and the DTP system must be closed if the link malfunctions or if a licensed pharmacist
9 is not available from the home pharmacy for counseling, unless a licensed pharmacist is physically
10 present at the DTP system. A pharmacist who is responsible for counseling may not provide that
11 service for more than three sites simultaneously. In the event that the DTP system is placed in the
12 same physical space as the dispensing area of the home pharmacy, this provision may be satisfied
13 during the time that the pharmacy is open by informing the patient how to receive counseling from
14 a pharmacist in the home pharmacy. If the dispensing pharmacist has determined that the patient
15 should receive counseling before the prescription is dispensed, the DTP system must provide the
16 ability for the pharmacist to force counseling before the DTP system dispenses the drug, device, or
17 medical equipment.

18 (19) The home pharmacy shall record and review any incident involving a complaint, delivery error, or
19 omission regarding a DTP as part of the home pharmacy's quality assurance program.

20 (20) Drugs, devices, or medical equipment that are not picked up by a patient may be returned to stock
21 under the same conditions as if the item had been maintained in the pharmacy, as long as the
22 requirements of this Rule for operating the DTP system have been followed.

23 (d) With respect to drugs, devices, or medical equipment dispensed through a kiosk, the following additional
24 requirements shall be met:

25 (1) The dispensing pharmacist shall electronically compare via video link the stock bottle, drug
26 dispensed, the strength, and the beyond-use date. The dispensing pharmacist must verify the entire
27 label for accuracy on the video link.

28 (2) The kiosk shall utilize a barcode system that prints the barcode of the stock bottle or other packaging
29 on the label of the dispensed drug, device, or medical equipment. If the stock bottle or other
30 packaging does not have a barcode, the home pharmacy shall create one. Pharmacy personnel shall
31 scan both the stock bottle or other packaging and the label of the dispensed drug, device, or medical
32 equipment to verify that the item dispensed is the same as the one in the stock bottle or other
33 packaging for each prescription dispensed.

34 (3) Drugs, devices, or medical equipment dispensed by the kiosk may be packaged only by a licensed
35 manufacturer or repackager, or prepackaged by the home pharmacy in compliance with the
36 Pharmacy Practice Act and its rules.

1 (4) The home pharmacy shall keep a perpetual inventory of controlled substances that are received and
2 dispensed from each kiosk.

3 (5) The home pharmacy may not dispense compounded medications through a kiosk.

4 (6) The kiosk shall not accept returns of drugs, devices and medical equipment from patients.

5 (e) This Rule does not alter the method by which patients or providers may transmit prescriptions to the home
6 pharmacy. Prescriptions may not be collected by the home pharmacy through the DTP system.

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8 History Note: Authority G.S. 90-85.6; 90-85.15A; 90-85.21; 90-85.32;

9 Eff. September 1, 2023.

1 21 NCAC 46 .1616 is amended as published in 37:20 NCR 2030-34 as follows:

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3 **21 NCAC 46 .1616 LIMITED SERVICE PERMITS**

4 (a) The following pharmacy practice locations are eligible to apply for "limited service permits" whose operations
5 are modified by the provisions set forth in this Rule:

6 (1) auxiliary medication inventories permitted and operating in health care facilities pursuant to Rule
7 .1414(d) of this Chapter;

8 (2) automated dispensing or drug supply devices permitted and operating in health care facilities
9 pursuant to Rule .1419 of this Chapter;

10 (3) direct to patient systems that are not located at the home pharmacy's facility pursuant to Rule .1821
11 of this Chapter;

12 ~~(3)~~(4) facilities where drugs are dispensed only by nurse practitioners or physician assistants pursuant to
13 Section .1700 of this Chapter;

14 ~~(4)~~(5) county health departments or other governmental entities providing local health services under G.S.
15 130A-34 where drugs are dispensed only by registered nurses and only pursuant to G.S. 90-85.34A
16 and Section .2400 of this Chapter;

17 ~~(5)~~(6) county health departments or other governmental entities providing local health services under G.S.
18 130A-34 that engage in dispensing beyond that set out in G.S. 90-85.34A and Section .2400 of this
19 Chapter;

20 ~~(6)~~(7) free clinics, as defined in G.S. 90-85.44(a)(6); or

21 ~~(7)~~(8) critical access hospitals, as defined in G.S. 131E-76.

22 (b) A pharmacist-manager for a limited service permit may designate one assistant pharmacist-manager but is not
23 required to do so. The assistant pharmacist-manager shall be responsible for exercising all of the responsibilities of a
24 pharmacist-manager when the assistant pharmacist-manager is present and the pharmacist-manager is not present at
25 the limited service permit. If the pharmacist-manager chooses to designate an assistant pharmacist-manager, the
26 pharmacist-manager shall notify the Board on the limited service permit application and, in writing, within 15 days of
27 any change in the designation. Notwithstanding the pharmacist-manager's designation of an assistant pharmacist-
28 manager, the pharmacist-manager shall be responsible for ensuring the pharmacy's compliance with all statutes, rules,
29 and standards at all times.

30 (c) For limited service permits, the pharmacist-manager attendance requirements set out in Rule .2502(b) of this
31 Chapter are modified only as set forth herein:

32 (1) For limited service permits described in Subparagraphs ~~(a)(1) and (a)(1)~~, (2) and (3) of this Rule,
33 either the pharmacist-manager or the assistant pharmacist-manager must perform an in-person, on-
34 site visit at least once per calendar quarter to inspect the permit, review the operations of the permit
35 with the persons involved in accessing them, and ensure that the permits are operated in compliance
36 with all applicable State and federal laws.

1 (2) For limited service permits described in Subparagraphs (a)(4) and (5)~~(a)(3) and (4)~~ of this Rule,
2 either the pharmacist-manager or the assistant pharmacist-manager must perform an in-person, on-
3 site visit at least once per week to inspect the permit, review the operations of the permit with the
4 persons involved in dispensing, and ensure that the permits are operated in compliance with all
5 applicable State and federal laws.

6 (3) For limited service permits described in Subparagraphs ~~(a)(5), (6), and (a)(6)~~, (7) and (8) of this
7 Rule, either the pharmacist-manager or the assistant pharmacist-manager employed or otherwise
8 engaged to supply pharmaceutical services may have a flexible schedule of attendance but shall be
9 present for at least one-half of the hours the pharmacy is open or 20 hours a week, whichever is less.
10 For the limited service permits described in Subparagraphs (a)(5) and (6) of this Rule, a licensed
11 pharmacist must be present when the pharmacy is open as described in Rule .2502(e) of this Chapter.
12 For the limited service permits described in Subparagraph (a)(7) of this Rule, the limited service
13 permit may operate in the absence of a pharmacist only as set out in Rule .1413 of this Chapter.

14 (4) The limited service permit may name a temporary pharmacist-manager or assistant pharmacist-
15 manager for a period not to exceed 90 days from the departure date of the previous pharmacist-
16 manager or assistant pharmacist-manager. The temporary pharmacist-manager or assistant
17 pharmacist-manager must accept the responsibilities of that position and must be present as set forth
18 in this Rule. A limited service permit may not operate for a period of more than 30 days without a
19 pharmacist employed or otherwise engaged as a permanent or temporary pharmacist-manager who
20 has signed the permit for that pharmacy.

21 (d) A person may serve as the pharmacist-manager or the assistant pharmacist-manager for multiple limited service
22 permits, and may serve as the pharmacist-manager or assistant pharmacist-manager for limited service permits in
23 addition to serving as the pharmacist-manager for a maximum of one permit other than a limited service permit. A
24 person may serve multiple limited permits only if that person is able to fulfill all of that person's duties under State
25 and federal law.

26 (e) Other than as set forth in this Rule, limited service permits and their personnel must follow all requirements of
27 State and federal law. This Rule does not replace or modify the requirements that the pharmacist-manager provide
28 oversight and supervision as provided elsewhere in this Chapter.

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30 *History Note: Authority G.S. 90-18.1(c); 90-18.2; 90-85.6; 90-85.21; 90-85.32; 90-85.33; 90-85.34;*
31 *Eff. November 1, 2021; ~~2021~~.*
32 *Amended Eff. September 1, 2023.*