

1 **21 NCAC 32M .0107 is proposed to be amended as follows:**

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3 **21 NCAC 32M .0107 CONTINUING EDUCATION (CE)**

4 (a) In order to maintain nurse practitioner approval to practice, the nurse practitioner shall earn 50 contact hours of
5 continuing education activity every two years, beginning with the first renewal after initial approval to practice has
6 been granted. A minimum of 20 hours of the required 50 hours must be in the advanced practice nursing population
7 focus of the NP role. The 20 hours must have approval granted by the American Nurses Credentialing Center
8 (ANCC) or Accreditation Council on Continuing Medical Education (ACCME), or by a national accredited provider
9 of nursing continuing professional development, or nurse practice-relevant courses in an institution of higher
10 learning. A nurse practitioner who possesses a current national certification by a national credentialing body shall be
11 deemed in compliance with the requirement of Paragraph (a) of this Rule.

12 (b) Prior to prescribing controlled substances as the same are defined in 21 NCAC 32M .0109(b)(2), nurse
13 practitioners shall have completed a minimum of one CE hour within the preceding 12 months on 1 or more of the
14 following topics:

- 15 (1) Controlled substances prescription practices;
16 (2) Prescribing controlled substances for chronic pain management;
17 (3) Recognizing signs of controlled substance abuse or misuse; or
18 (4) Non-opioid treatment options as an alternative to controlled substances.

19 (c) Nurse practitioners who complete the federally required training under the Medication Access and Training
20 Expansion Act (MATE) shall be deemed in compliance with the controlled substance prescribing requirements of
21 this Rule for the two-year CE period in which the MATE training was completed.

22 ~~(c)~~ (d) Documentation of all CE completed within the previous five years shall be maintained by the nurse
23 practitioner and made available upon request to either Board.

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25 *History Note: Authority G.S. 90-5.1(a)(3); 90-8.2; 90-18(c)(14); S.L. 2015-241, s. 12F;*

26 *Eff. January 1, 1996;*

27 *Amended Eff. August 1, 2004; May 1, 1999;*

28 *Recodified from Rule .0106 Eff. August 1, 2004;*

29 *Amended Eff. December 1, 2009; April 1, 2008;*

30 *Pursuant to G.S. 150B-21.3A rule is necessary without substantive public interest Eff. March 1,*
31 *2016;*

32 *Amended Eff. July 1, 2024; June 1, 2023; June 1, 2021; March 1, 2017.*
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