

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: ALL RULES

DEADLINE FOR RECEIPT: August 14, 2026

PLEASE NOTE: *This request may extend to several pages. Please be sure you have reached the end of the document.*

The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

On the Form 0400 For All Rules:

- *In Box #2, please add the Rule Name after the citation.*
- *In Box #6, you failed to check the box indicating that “[t]he requirements listed in G.S. 150B-19.1(c)(1)-(5) were posted on the agency’s Web site no later than the publication date of the notice of text in the N.C. Register.” Did you timely post this information on your website? If so, please check this box. If not, please explain why.*
- *In Box #6, you failed to provide an adoption date for each rule. Please provide this information.*
- *In Box #9B, you state that the “30 day deadline to submit this form was missed and is being filed now with a re-confirmation by the Board on August 12, 2026.” What does this mean? That the Board is readopting these rules on August 12, 2026? That date has not happened yet. You cannot submit rules to OAH for RRC review until after the rules have been adopted by the Agency.*

Please resubmit all Forms with complete and accurate information.

Rule Formatting:

- *None of these rules were drafted on the proper template. We have a template available on our website at <https://www.oah.nc.gov/rules-division/information-rulemaking-coordinators>. This template will help you draft rules that comply with the requirements set forth in 26 NCAC 02C .0108. Your final product should look like this example: <https://www.oah.nc.gov/documents/rules/permanent-readoption-no-changes-publication-published-necessary-without-substantive-changes/open>. Please correct the formatting for all of your rules and resubmit them to me.*
- *All of your rules should start with an Introduction Statement on line 1, in accordance with 26 NCAC 02C .0108. Please add this to all of your rules.*
- *In your History Note, you need to add a new line at the bottom to reflect the rule readoption. Please see the same example linked above. Please add this for all of*

Christopher S. Miller
Commission Counsel

Date submitted to agency: July 31, 2026

your rules. The default effective date will be September 1, 2026, unless you indicate otherwise.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
Date submitted to agency: July 31, 2026

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0101

DEADLINE FOR RECEIPT: August 14, 2026

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The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

*(a): Please confirm whether this list includes **all** of the required information on the application form.*

(a): Add a colon at the end of the first line.

(a)(2): The RRC generally believes that “good moral character” standards are unclear and vague without additional context, such as a definition and/or examples. Please expand on this in your rule. For a recent example that passed RRC review, please see 21 NCAC 08A .0301.

(a)(3): What does “substantially similar” mean in this context?

(b): What application fee? The one specified in 21 NCAC 03 .0201? If so, please cross-reference that rule here to improve clarity.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
Date submitted to agency: July 31, 2026

21 NCAC 03 .0101**APPLICATION FOR LICENSURE**

- (a) An application for licensure shall be completed on the forms provided by the Board and shall include
- (1) Proof of having passed the examination administered by the Board of Certification, Inc., by enclosing a copy of the certification card.
 - (2) Evidence of good moral character.
 - (3) A copy of the diploma from a college or university in Sports Medicine or Athletic Training or a transcript showing the following courses of study or substantially similar courses of study: Human Anatomy, Human Physiology, Kinesiology/Biomechanics, Psychology, Exercise Physiology, Prevention of Athletic Injuries, Evaluation of Athletic Injuries, First Aid and Emergency Care, Therapeutic Modalities, Therapeutic Exercise, Personal Community Health, Nutrition and Administration of Athletic Training Programs.
- (b) The license issuance fee shall accompany the application.

History Note: Authority G.S. 90-525; 90-528; 90-529; 90-530;

Temporary Adoption Eff. March 16, 1998;

Eff. May 1, 1999;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27, 2019;

Amended Eff. April 1, 2023.

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0102

DEADLINE FOR RECEIPT: August 14, 2026

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The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

The RRC generally believes that “good moral character” standards are unclear and vague without additional context, such as a definition and/or examples. Please expand on this in your rule. For a recent example that passed RRC review, please see 21 NCAC 08A .0301.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0102 GOOD MORAL CHARACTER

Evidence of good moral character shall be shown by two affidavits from persons not related to the applicant.

History Note: *Authority G.S. 90-525; 90-528; 90-529; 90-530;*
 Temporary Adoption Eff. March 16, 1998;
 Eff. May 1, 1999;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,
 2019.

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0201

DEADLINE FOR RECEIPT: August 14, 2026

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The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

(a): Please add a comma after "check".

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0201 FEES

(a) The following fees are payable to the Board by cash, check or money order:

- | | | |
|-----|-------------------------------------|----------|
| (1) | License issuance fee | \$200.00 |
| (2) | License renewal fee | \$75.00 |
| (3) | Reinstatement of lapsed license fee | \$100.00 |

(b) Copies of any public documents filed in the Board Office are available at the "actual cost" as defined in G.S. 132-6.2(b) for making the copy and the mailing cost if applicable. The Board shall provide its "actual cost" on the Board website.

*History Note: Authority G.S. 90-525; 90-534;
 Temporary Adoption Eff. March 16, 1998;
 Eff. May 1, 1999;
 Amended Eff. August 1, 2012
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,
 2019.*

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0202

DEADLINE FOR RECEIPT: August 14, 2026

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In reviewing this Rule, the staff recommends the following changes be made:

No comments besides those noted on pages 2 and 3.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0202 SUSPENSION OF AUTHORITY AND ESCROW OF FUNDS

The Board shall file the annual reports set forth in G.S. 93B-2 no later than October 31 of each year. In the event the Board fails to file the reports as required by G.S. 93B-2 and the Board's authority to expend any funds is suspended until such time as the Board files the required reports, the Board shall deposit any fees or funds received during the period of suspension into an escrow account established by the Board solely for this purpose.

History Note:

Authority G.S. 90-525; 93B-2;

Eff. July 1, 2012;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27, 2019.

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0301

DEADLINE FOR RECEIPT: August 14, 2026

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The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

General Comment: If you are going to require a form and require information, you will need to put the specifics into your rule. The Commission reads G.S. 150B-21.9(b) to mean that if a rule requires a form, in order to meet the clarity requirements of G.S. 150B-21.9(b), the contents or substantive requirements must be prescribed by rule or statute. The Commission has identified two ways that agencies can meet this requirement: (1) by itemizing the required fields in the rule requiring the form, or (2) by cross-referencing another rule or statute where the required fields are itemized.

For additional information, please see our guidance document at <https://www.oah.nc.gov/rrc-final-guidance-forms/open>.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0301

RENEWAL REQUEST FORM

Requests for license renewal shall be submitted on the form provided by the Board.

History Note: Authority G.S. 90-525; 90-532;

Temporary Adoption Eff. March 16, 1998;

Eff. May 1, 1999;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27, 2019.

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0302

DEADLINE FOR RECEIPT: August 14, 2026

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In reviewing this Rule, the staff recommends the following changes be made:

(a): You could state this more directly by saying, "Continuing education courses for license renewal shall be in one of the following content areas: ..."

(b): You state, "Contact hours are defined as the number of actual clock hours spent." "Spent" doing what? Can you be more specific?

(c), line 1: Consider removing the word "appropriate". I don't think you need it here.

(c), line 5: What "lapsed license requirements"? Can you point to them here to improve clarity? Maybe add, "set forth in 21 NCAC 03 .0303".

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0302 CONTINUING EDUCATION

- (a) Continuing education courses appropriate for license renewal are those in one or more of the following content areas: Human Anatomy, Human Physiology, Kinesiology/Biomechanics, Psychology, Exercise Physiology, Prevention of Athletic Injuries, Evaluation of Athletic Injuries, First Aid and Emergency Care, Therapeutic Modalities, Therapeutic Exercise, Personal Community Health, Nutrition, and Administration of Athletic Training Programs.
- (b) A licensee shall complete 75 contact hours of continuing education during a three-year license renewal period. Contact hours are defined as the number of actual clock hours spent. One semester hour of credit is equivalent to 10 contact hours.
- (c) Licensed athletic trainers who fail to document sufficient appropriate continuing education to renew their licenses shall be notified in writing of the deficiency and shall be allowed 45 days to respond. Continuing education may not be undertaken during this period to supplement the deficiency. The licenses of athletic trainers who fail to respond within the 45-day period, or who are unable to provide sufficient continuing education shall lapse and be subject to the lapsed license requirements.

*History Note: Authority G.S. 90-525; 90-533;
 Temporary Adoption Eff. March 16, 1998;
 Eff. May 1, 1999;
 Amended Eff. January 1, 2007;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27, 2019.*

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0303

DEADLINE FOR RECEIPT: August 14, 2026

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In reviewing this Rule, the staff recommends the following changes be made:

(a), line 2: When you reference the renewal fee, you should point to your Fee rule for clarity. Same comment applies to (b), line 1.

(b), line 2: For consistency, add "contact" before "hours".

History Note, Authority: You should add 90-533.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0303 LAPSED LICENSE

(a) The lapsed license may be renewed within a period of five years after expiration upon payment of the lapsed license fee and the completion of 25 contact hours of continuing education for each year that the license has lapsed.

(b) A license that has lapsed for more than five years shall be renewed upon payment of the lapsed license fee and the completion of 28 hours of continuing education for each year that the license has lapsed.

*History Note: Authority G.S. 90-525; 90-532;
 Temporary Adoption Eff. March 16, 1998;
 Eff. May 1, 1999;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,
 2019.*

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0304

DEADLINE FOR RECEIPT: August 14, 2026

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In reviewing this Rule, the staff recommends the following changes be made:

(1): What does "authorized to grant degrees" mean? Authorized by who?

(3): Change "requirement" to "requirements" and "if" to "of". Also, how does the Board make this determination? Do you look at specific aspects or factors?

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
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21 NCAC 03 .0304 BOARD APPROVAL OF COURSES

The Board shall approve any of the following programs or courses:

- (1) Those provided by a college or university authorized to grant degrees.
- (2) Those sponsored by the North Carolina Athletic Trainers' Association.
- (3) Those that the Board is satisfied meet the requirement if G.S. 90-533.

*History Note: Authority G.S. 90-525; 90-533;
 Temporary Adoption Eff. March 16, 1998;
 Eff. May 1, 1999;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,
 2019.*

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0310

DEADLINE FOR RECEIPT: August 14, 2026

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In reviewing this Rule, the staff recommends the following changes be made:

Line 2: Change "G.S. 105-249" to "G.S. 105-249.2".

Line 4: Add a comma after "continuing education requirements".

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
Date submitted to agency: July 31, 2026

21 NCAC 03 .0310 ARMED SERVICES EXTENSION FOR CREDENTIAL

Upon receipt of a written request by or on behalf of a licensed athletic trainer who is currently in good standing with the Board, is serving in the armed forces of the United States, and to whom G.S. 105-249 authorizes an extension of time to file a tax return, the Board shall postpone renewal fees, renewal application deadlines, continuing education requirements and any other requirements or conditions related to the maintenance of the credential issued by the Board or to the renewal thereof for the same period of time as the extended period of time to file a tax return that is granted pursuant to G.S. 93B-15.

History Note: *Authority G.S. 90-525; 93B-15;*
 Eff. July 1, 2012;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,
 2019.

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0401

DEADLINE FOR RECEIPT: August 14, 2026

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In reviewing this Rule, the staff recommends the following changes be made:

No comments besides those noted on pages 2 and 3.

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Commission Counsel
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21 NCAC 03 .0401 DISCIPLINARY ACTIONS

Board disciplinary actions may include the following:

- (1) Reprimand. Reprimand is a public rebuke for misconduct as an athletic trainer.
- (2) Restriction. Restriction is a stay of suspension or revocation allowing limited practice within conditions stipulated by the Board.
- (3) Suspension. Suspension is the withdrawal of the privilege to practice for a specified time.
- (4) Revocation. Revocation is the withdrawal of the privilege to practice as a licensed athletic trainer in the State of North Carolina.

*History Note: Authority G.S. 90-525; 90-536;
Temporary Adoption Eff. March 16, 1998;
Eff. May 1, 1999;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27, 2019.*

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: NC Board of Athletic Trainer Examiners

RULE CITATION: 21 NCAC 03 .0501

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In reviewing this Rule, the staff recommends the following changes be made:

Line 1: What is a "general" outline? This may be viewed as vague.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Christopher S. Miller
Commission Counsel
Date submitted to agency: July 31, 2026

21 NCAC 03 .0501 MINIMUM REQUIREMENTS

The practice protocol for each athletic trainer pursuant to G.S. 90-523(2) shall be a general outline of practices for which the athletic trainer has been trained and shall be individualized to accommodate the skills of the athletic trainer. The practice protocol shall not allow the athletic trainer to undertake medical diagnosis or to prescribe or dispense prescription drugs or prescription devices. The practice protocol shall not allow the athletic trainer to independently provide treatments for athletes with fractures, head or spinal injuries, or other serious medical conditions, except the athletic trainer may render appropriate first aid or emergency care. The protocol shall specify provisions for physician involvement in the event of serious injuries. The athletic trainer and the physician shall sign and file a statement with the North Carolina Medical Board agreeing to abide by the protocol. The format of the protocol shall be typewritten on letter size paper.

*History Note: Authority G.S. 90-523; 90-525;
 Temporary Adoption Eff. March 16, 1998;
 Eff. May 1, 1999;
 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,
 2019.*