AGENCY: Board of Dental Examiners

RULE CITATION: 21 NCAC 16Q .0103

DEADLINE FOR RECEIPT: Friday, January 13, 2023.

<u>PLEASE NOTE:</u> This request may extend to several pages. Please be sure you have reached the end of the document.

The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

In (a), line 6, would it change the meaning to revise as follows: "... or supervising a CRNA or an RN employed to administer..." This seems simpler.

Either way, in (a), please add "an" prior to "RN".

In (b), line 9, what is a "credentialed surgery center"? Credentialed how?

In (c)(1)(B), line 19, what are the "enhancements" discussed here? Please define.

In (C), line 12, (D), line 22, (N), line 35, and (R), p.2, line 2, what does "necessary for specific procedures" mean? This seems rather vague.

In (d)(2), line 15, and (3), line 17, what does it mean to be "BLS certified"? I see in 16Q .0101 that BLS means Basic Life Support, but I'm unclear on the certification process.

In (d)(4)(C), line 28, add a comma following "holder."

Also on line 29, add "of" between "level" and "sedation."

On line 30, is there a better way to phrase "allowed by the permit holder's permit"? Maybe just "allowed by the permit"?

In (5), line 32, "Rule" should be plural. Please check throughout these Rules, as I saw this multiple times.

In (e), line 33-34, it isn't necessary to say "but not limited to", "include" is fine on it's own. However, "include" has an open-ended connotation, so what else, beyond (1)-(3) must the permit holder evaluate?

In (e)(1)-(3), the first word of each item should be in a different tense for grammatical consistency. Consider "evaluating" or "evaluation of" instead of "evaluate".

Brian Liebman Commission Counsel Date submitted to agency: January 6, 2023 In (e)(2), line 37, are all sedation dentistry procedures elective? If not, is a different standard applicable to non-elective dental procedures?

In (e)(3), p.4, line 4, "Rule" should be plural.

In (f)(4), line 13, I think "base line" should be one word.

In (f)(7), line 24, "Rule" should be plural.

In (g)(1), line 27, does the term "vital signs" mean the same thing as "vital sign information" in (f)(5)? If not, what are the differences?

In (h), p.5, line 11, add a comma after "history."

In (h)(5), line 33, "Rule" should be plural.

3	21 NCAC 16Q .0103	EQUIPMENT,	PERSONNEL,	AND	CLINICAL	REQUIREMENTS	ТО
4		ADMINISTER A	ANESTHESIA OF	R MODE	RATE SEDAT	TION	

- (a) Before administering general anesthesia, moderate conscious sedation, or moderate pediatric conscious sedation
 ("anesthesia or moderate sedation"), or supervising a CRNA to administer or RN employed to deliver anesthesia or
- 7 moderate sedation, a dentist shall hold an unexpired permit issued by the Board in accordance with this Subchapter
- 8 permitting the dentist to administer that level of sedation.
- 9 (b) Before performing sedation procedures in a facility other than a hospital or credentialed surgery center, the permit
- 10 holder shall ensure that the Board has been notified that the permit holder intends to administer anesthesia or moderate
- 11 sedation at the facility and shall ensure that the facility has passed a facility inspection by the Board in accordance
- 12 with this Subchapter.

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- 13 (c) The permit holder shall ensure that the facility where the sedation procedure is to be performed meets the following
- 14 requirements at the time of the procedure:
- 15 (1) The permit holder shall ensure the facility is equipped as follows and that the following listed 16 equipment is immediately available and accessible from the operatory and recovery rooms:
 - (A) an operatory of size and design to permit access of emergency equipment and personnel and to permit emergency management;
- 19
 (B) a CPR board or dental chair without enhancements suitable for providing emergency

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 treatment:
- 21 (C) lighting as necessary for specific procedures and back-up lighting:
- 22 (D) suction equipment as necessary for specific procedures, including non-electrical back-up 23 suction;
- 24
 (E) positive pressure oxygen delivery system, including full face masks for small, medium,

 25
 and large patients, and back-up E-cylinder portable oxygen tank apart from the central

 26
 system;
 - (F) small, medium, and large oral and nasal airways;
- 28 (G) a blood pressure monitoring device;
- 29 <u>(H) an EKG monitor;</u>
 - (I) a pulse oximeter;
- 31 (J) an automatic external defibrillator (AED);
- 32 <u>(K) a capnograph;</u>
- 33 (L) a precordial or pretracheal stethoscope;
- 34 (M) a thermometer;
- 35 (N) vascular access set-up as necessary for specific procedures, including hardware and fluids;
- 36 (O) a laryngoscope with working batteries;
- 37 (P) intubation forceps and advanced airway devices;

1		(Q) tonsillar suction with back-up suction;
2		(R) syringes as necessary for specific procedures; and
3		(S) tourniquet and tape.
4	(2)	The permit holder shall ensure all monitoring and other equipment in the facility receives preventive
5		maintenance no less frequently than once per year, including safety and function checks per the
6		manufacturers' recommendations. The permit holder shall maintain documentation of all preventive
7		maintenance performed, and shall ensure equipment is replaced upon its expiration or as clinically
8		required.
9	<u>(3)</u>	The permit holder shall ensure the following unexpired drugs are immediately available and are
10		accessible from the operatory and recovery rooms:
11		(A) epinephrine;
12		(B) atropine:
13		(C) an antiarrhythmic;
14		(D) an antihistamine;
15		(E) an antihypertensive;
16		(F) a bronchodilator;
17		(G) an antihypoglycemic agent;
18		(H) a vasopressor;
19		<u>(I) a corticosteroid;</u>
20		(J) an anticonvulsant;
21		(K) appropriate reversal agents;
22		(L) nitroglycerine; and
23		(M) an antiemetic.
24	(4)	The permit holder shall maintain written emergency and patient discharge protocols accessible from
25		the operatory and recovery rooms. The written emergency manual shall include a protocol for
26		activation of emergency management services for life-threatening complications along with the
27		information set out in Rule .0101(17) of this Section.
28	(5)	The permit holder shall satisfy any additional facility requirements applicable to the level of the
29		permit, as set out in Rule .0202, .0206, .0302, or .0405 of this Subchapter.
30	(d) The permit	holder shall ensure that the following staffing, education, and training requirements are met prior to
31	performing a sec	dation procedure:
32	(1)	The permit holder shall provide training to familiarize all auxiliaries in the treatment of clinical
33		emergencies including the following, and shall review and practice responding to clinical
34		emergencies with all auxiliaries as a team and in person every six months;
35		(A) airway obstruction;
36		(B) allergic reactions:
37		(C) angina pectoris;

1	(D) apnea;
2	(E) bradycardia;
3	(F) bronchospasm;
4	(G) cardiac arrest;
5	(H) convulsions;
6	(I) emesis and aspiration;
7	(J) hypertension;
8	(K) hypoglycemia:
9	(L) hypotension;
10	(M) hypoventilation and respiratory arrest;
11	(N) hypoxemia and hypoxia;
12	(O) laryngospasm;
13	(P) myocardial infarction; and
14	(Q) syncope.
15	(2) All auxiliaries in the facility shall be BLS certified.
16	(3) Except as set out in Subparagraph (d)(4) of this Rule, the permit holder performing the surgery or
17	other dental procedure shall ensure that an RN or a BLS-certified auxiliary is dedicated to patient
18	monitoring and recording anesthesia or sedation data throughout the sedation procedure.
19	(4) The requirement set out in Subparagraph (d)(3) of this Rule shall not apply if the permit holder or
20	an additional sedation provider is dedicated to patient care and monitoring regarding anesthesia or
21	moderate sedation throughout the sedation procedure and is not performing the surgery or other
22	dental procedure. The additional sedation provider shall be:
23	(A) a dentist holding a permit or mobile permit in satisfaction of this Subchapter to administer
24	the anesthesia or sedation level at the facility where the sedation procedure is performed;
25	(B) an anesthesiologist licensed and practicing in accordance with the rules of the North
26	Carolina Medical Board; or
27	(C) a CRNA licensed and practicing in accordance with the rules of the North Carolina Board
28	of Nursing, under the supervision and direction of the permit holder who shall ensure the
29	level sedation administered does not exceed the level of the sedation allowed by the permit
30	holder's permit.
31	(5) The permit holder shall satisfy any additional staffing, education, and training requirements
32	applicable to the level of the permit, as set out in Rule .0202, .0302, or .0405 of this Subchapter.
33	(e) Before starting any sedation procedure, the permit holder shall conduct a pre-operative patient evaluation which
34	shall include, but is not limited to, the following:
35	(1) evaluate the patient for health risks relevant to the potential sedation procedure;
36	(2) evaluate the patient's food and fluid intake following the ASA guidelines for pre-operative fasting
37	applicable to elective procedures involving the administration of anesthesia or moderate sedation.

1		The ASA guidelines are incorporated by reference, including subsequent amendments and editions,
2		and may be accessed at https://www.asahq.org at no cost; and
3	(3)	satisfy any additional requirements for pre-operative patient evaluation and procedures applicable
4		to the level of the permit, as set out in Rule .0202, .0302, or .0405 of this Subchapter.
5	(f) During the s	edation procedure:
6	(1)	Prescriptions intended to accomplish procedural sedation, including enteral dosages, shall be
7		administered only under the direct supervision of the permit holder.
8	(2)	If IV sedation is used, IV infusion shall be administered before the start of the procedure and
9		maintained until the patient is ready for discharge.
10	<u>(3)</u>	Capnography shall be used to monitor patients unless an individual patient's behavior or condition
11		prevents use of capnography. In that event, the permit holder shall document in the sedation record
12		the clinical reason capnography could not be used.
13	<u>(4)</u>	The permit holder shall ensure the patient's base line vital signs are taken and recorded, including
14		temperature, SPO2, blood pressure, and pulse.
15	<u>(5)</u>	The permit holder shall ensure the patient's blood pressure, oxygen saturation, ET CO2 (unless
16		capnography cannot be used), pulse, and respiration rates ("vital sign information") are monitored
17		continuously in a manner that enables the permit holder to view vital sign trends throughout the
18		procedure.
19	<u>(6)</u>	The permit holder shall ensure the intraoperative vital sign information is recorded on the anesthesia
20		or sedation record contemporaneously throughout the procedure in intervals of five minutes or less
21		for patients over twelve years old, and in intervals of ten minutes or less for pediatric patients twelve
22		years old or younger.
23	<u>(7)</u>	The permit holder shall satisfy any additional requirements for operative procedures applicable to
24		the level of the permit, as set out in Rule .0202, .0302, or .0405 of this Subchapter.
25	(g) Post-operati	ve monitoring and discharge shall include the following:
26	<u>(1)</u>	The permit holder or an auxiliary under his or her direct supervision shall monitor the patient's post-
27		operative vital signs until the patient is recovered and is ready for discharge from the office.
28		Recovery from anesthesia or moderate sedation shall include documentation of the following:
29		(A) stable cardiovascular function;
30		(B) uncompromised airway patency;
31		(C) patient arousable and protective reflexes intact;
32		(D) state of hydration within normal limits;
33		(E) patient can talk, if applicable;
34		(F) patient can sit unaided, if applicable;
35		(G) patient can ambulate with minimal assistance, if applicable; and
36		(H) for a special needs patient, the pre-sedation level of responsiveness or the level as close as
37		possible for that patient shall be achieved.

1	(2)	Before allowing the patient to leave the office, the permit holder shall determine that the patient has
2		met the recovery criteria set out in Subparagraph (g)(1) of this Rule and the following discharge
3		<u>criteria:</u>
4		(A) oxygenation, circulation, activity, skin color, and level of consciousness are stable and have
5		been documented;
6		(B) explanation and documentation of written post-operative instructions have been provided
7		to the patient or a person responsible for the patient at time of discharge; and
8		(C) a person authorized by or responsible for the patient is available to transport the patient
9		after discharge.
10	(h) The permit h	nolder shall maintain the following in the patient treatment records for 10 years:
11	(1)	the patient's current written medical history including known allergies and previous surgeries;
12	(2)	a pre-operative assessment as set out in Paragraph (e) of this Rule:
13	(3)	consent to the procedure and to the anesthesia or sedation, signed by the patient or guardian,
14		identifying the procedure and its risks and benefits, the level of anesthesia or sedation and its risks
15		and benefits, and the date signed;
16	(4)	the anesthesia or sedation record that shall include:
17		(A) the patient's base line vital signs and intraoperative vital sign information as set out in
18		Subparagraphs (f)(4)-(6) of this Rule;
19		(B) the printed or downloaded vital sign information from the capnograph. A permit holder's
20		failure to maintain capnograph documentation, except as set out in Subparagraph (f)(3) of
21		this Rule, shall be deemed a failure to monitor the patient as required pursuant to this
22		Subchapter:
23		(C) procedure start and end times:
24		(D) gauge of needle and location of IV on the patient, if used;
25		(E) the total amount of any local anesthetic administered during the procedure;
26		(F) any analgesic, sedative, pharmacological, or reversal agent, or other drugs administered
27		during the procedure, including route of administration, dosage, strength, time, and
28		sequence of administration, with separate entries for each increment of medication that is
29		titrated to effect;
30		(G) documentation of complications or morbidity, and clinical responses; and
31		(H) status of patient upon discharge, including documentation of satisfying the requirements
32		set out in Paragraph (g) of this Rule; and
33	(5)	any additional documentation applicable to the level of the permit, as set out in Rule .0202, .0302,
34		or .0405 of this Subchapter.
35		
36	History Note:	Authority G.S. 90-28; 90-30.1; 90-31.1; 90-48;
37		<u>Eff. February 1, 2023.</u>

AGENCY: Board of Dental Examiners

RULE CITATION: 21 NCAC 16Q .0104

DEADLINE FOR RECEIPT: Friday, January 13, 2023.

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In reviewing this Rule, the staff recommends the following changes be made:

In (b), line 10, please delete "but not limited to". However, as "including" has an openended connotation, what beyond the 4 things listed in (b) must the dentist demonstrate competency in?

In (c), line 18, are the "topics set forth in Paragraph (b)" "general anesthesia, moderate conscious sedation, or moderate pediatric conscious sedation"? Please clarify.

1 2 21 NCAC 16Q .0104 is adopted as published in 37:07 NCR 545 as follows:

- 3 21 NCAC 16Q .0104 REQUIREMENTS FOR INSPECTIONS AND EVALUATIONS
- 4 (a) During a facility inspection pursuant to the rules of this Subchapter, for a dentist applying for or holding a permit
- 5 to administer general anesthesia, moderate conscious sedation, or moderate pediatric conscious sedation, the applicant
- 6 or permit holder shall demonstrate satisfaction of the requirements set forth in Rule .0103(c) and (d) of this Section.
- 7 (b) During an evaluation, for a dentist applying for or holding a permit to administer general anesthesia, moderate
- 8 conscious sedation, or moderate pediatric conscious sedation, the applicant or permit holder shall demonstrate the
- 9 administration of anesthesia or sedation in accordance with the level of the permit, and shall demonstrate competency
- 10 <u>including but not limited to the following areas:</u>
- 11
 (1) pre-operative patient evaluation and procedures, including the requirements set forth in Rule

 12
 .0103(e) of this Section;
- 13 (2) operative procedures, including the deployment of an intravenous delivery system and the
 14 requirements set forth in Rule .0103(f) of this Section;
- 15
 (3) post-operative patient monitoring and discharge, including the requirements set forth in Rule

 16
 .0103(g) of this Section; and
- 17 (4) treatment of the clinical emergencies set out in Rule .0103(d)(1) of this Section.
- 18 (c) During the evaluation, the applicant shall take a written examination on the topics set forth in Paragraph (b) of
- 19 this Rule. The applicant shall obtain a passing score on the written examination by answering 80 percent of the
- 20 examination questions correctly. If the applicant fails to obtain a passing score on the written examination, he or she
- 21 may be re-examined in accordance with Rule .0204(h), .0306(h), or .0408(h) of this Subchapter.
- (d) The permit holder shall be subject to re-evaluation every five years. Each facility where the permit holder
 administers anesthesia or sedation shall be subject to a facility inspection upon annual renewal of the permit.
- 24
- 25 *History Note: Authority G.S. 90-28; 90-30.1; 90-48;*
- 26 *Eff. February 1, 2023.*

AGENCY: Board of Dental Examiners

RULE CITATION: 21 NCAC 16Q .0302

DEADLINE FOR RECEIPT: Friday, January 13, 2023.

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In reviewing this Rule, the staff recommends the following changes be made:

In (a), line 6, would it change the meaning to revise as follows: "... or supervising a CRNA or an RN employed to administer..." This seems simpler.

Either way, in (a), please add "an" prior to "RN".

In (c)(2), line 15, is there a better way to phrase "evaluated by ... consultation"?

In (c)(2), line 16, is "consulting" a noun or adjective? i.e. does this mean a "consulting medical specialist" as written, or was this supposed to mean that the permit holder should "consult with" the patient's medical specialist. Just checking.

In (d), line 21, "contraindicated" by whom? The manufacturer?

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3	21 NCAC 16Q .0302 MODERATE PARENTERAL AND ENTERAL CONSCIOUS SEDATIO
4	CLINICAL REQUIREMENTS AND EQUIPMENT
5	(a) A dentist administering holding or applying for a permit to administer moderate conscious sedation or supervision
6	any CRNA employed to administer or RN employed to deliver moderate conscious sedation shall ensure that t
7	facility where the sedation is administered meets the following requirements: be subject to the requirements set out
8	Section .0100 of this Subchapter.
9	(b) In addition to the drugs listed in Rule .0103(c)(3) of this Subchapter, an unexpired muscle relaxant shall
10	immediately available and be accessible from the operatory and recovery rooms.
11	(c) As part of the pre-operative assessment required by Rule .0103(e) of this Subchapter, the permit holder sh
12	evaluate the patient for health risks as follows:
13	(1) a patient who is medically stable and who is ASA I or II shall be evaluated by reviewing the patier
14	current medical history and medication use; or
15	(2) a patient who is not medically stable or who is ASA III or higher shall be evaluated by the perr
16	holder's consultation with the patient's primary care physician or consulting medical special
17	regarding the potential risks posed by the planned dental procedure.
18	(d) During the sedation procedure, a moderate conscious sedation permit holder shall not administer anesthetic
19	sedative agents:
20	(1) designed by the manufacturer for use in administering general anesthesia or deep sedation;
21	(2) contraindicated for use in moderate conscious sedation; or
22	(3) in amounts exceeding the manufacturers' maximum recommended dosages, unless the permit hold
23	documents in the sedation record the clinical reason for exceeding the maximum recommend
24	dosage for the patient.
25	(1) The facility shall be equipped with the following:
26	(A) an operatory of size and design to permit access of emergency equipment and person
27	and to permit emergency management;
28	(B) a CPR board or a dental chair without enhancements, suitable for providing emergen
29	treatment;
30	(C) lighting as necessary for specific procedures and back up lighting;
31	(D) suction equipment as necessary for specific procedures, including non electrical back
32	suction;
33	(E) positive pressure oxygen delivery system, including full face masks for small, mediu
34	and large patients and back up E cylinder portable oxygen tank apart from the cent
35	system;
36	(F) small, medium, and large oral and nasal airways;
37	(G) blood pressure monitoring device;

1	(H) EKG monitor;
2	(I) pulse oximeter;
3	(J) automatic external defibrillator (AED);
4	(K) precordial stethoscope or capnograph;
5	(L) thermometer;
6	(M) vascular access set up as necessary for specific procedures, including hardware and fluids;
7	(N) laryngoscope with working batteries;
8	(O) intubation forceps and advanced airway devices;
9	(P) tonsillar suction with back up suction;
10	(Q) syringes as necessary for specific procedures; and
11	(R) tourniquet and tape.
12	(2) The following unexpired drugs shall be maintained in the facility and with access from the operatory
13	and recovery rooms:
14	(A) Epinephrine;
15	(B) Atropine;
16	(C) antiarrhythmic;
17	(D) antihistamine;
18	(E) antihypertensive;
19	(F) bronchodilator;
20	(G) antihypoglycemic agent;
21	(H) vasopressor;
22	(I) corticosteroid;
23	(J) anticonvulsant;
24	(K) muscle relaxant;
25	(L) appropriate reversal agents;
26	(M) nitroglycerine;
27	(N) antiemetic; and
28	(O) Dextrose.
29	(3) The permit holder shall maintain written emergency and patient discharge protocols. The permit
30	holder shall also provide training to familiarize auxiliaries in the treatment of clinical emergencies;
31	(4) The dentist shall maintain the following records for at least 10 years:
32	(A) patient's current written medical history and pre-operative assessment;
33	(B) drugs administered during the procedure, including route of administration, dosage,
34	strength, time, and sequence of administration; and
35	(C) a sedation record;
36	(5) The sedation record shall include:

1	(A) base line vital signs, blood pressure (unless patient behavior prevents recording), oxygen
2	saturation, ET CO2 if capnography is utilized, pulse and respiration rates of the patient
3	recorded in real time at 15 minute intervals;
4	(B) procedure start and end times;
5	(C) gauge of needle and location of IV on the patient, if used;
6	(D) status of patient upon discharge;
7	(E) documentation of complications or morbidity; and
8	(F) consent form, signed by the patient or guardian, identifying the procedure, risks and
9	benefits, level of sedation, and date signed; and
10	(6) The following conditions shall be satisfied during a sedation procedure:
11	(A) The facility shall be staffed with at least two BLS certified auxiliaries, one of whom shall
12	be dedicated to patient monitoring and recording sedation data throughout the sedation
13	procedure. This Subparagraph shall not apply if the dentist permit holder is dedicated to
14	patient care and monitoring regarding sedation throughout the sedation procedure and is
15	not performing the surgery or other dental procedure; and
16	(B) If IV sedation is used, IV infusion shall be administered before the start of the procedure
17	and maintained until the patient is ready for discharge.
18	(b) During an inspection or evaluation, the applicant or permit holder shall demonstrate the administration of moderate
19	conscious sedation on a patient, including the deployment of an intravenous delivery system, while the evaluator
20	observes. During the demonstration, the applicant or permit holder shall demonstrate competency in the following
21	areas:
22	(1) monitoring blood pressure, pulse, ET CO2 if capnography is utilized, and respiration;
23	(2) drug dosage and administration;
24	(3) treatment of untoward reactions including respiratory or cardiac depression if applicable;
25	(4) sterile technique;
26	(5) use of BLS certified auxiliaries;
27	(6) monitoring of patient during recovery; and
28	(7) sufficiency of patient recovery time.
29	(c) During an inspection or evaluation, the applicant or permit holder shall demonstrate competency to the evaluator
30	in the treatment of the following clinical emergencies:
31	(1) laryngospasm;
32	(2) bronchospasm;
33	(3) emesis and aspiration;
34	(4) respiratory depression and arrest;
35	(5) angina pectoris;
36	(6) myocardial infarction;
37	(7) hypertension and hypotension;

1	(8) allergic reactions;
2	(9) convulsions;
3	(10) syncope;
4	(11) bradycardia;
5	(12) hypoglycemia;
6	(13) cardiac arrest; and
7	(14) airway obstruction.
8	(d) During the evaluation, the permit applicant shall take a written examination on the topics set forth in Paragraphs
9	(b) and (c) of this Rule. The permit applicant must obtain a passing score on the written examination by answering 80
10	percent of the examination questions correctly. If the permit applicant fails to obtain a passing score on the written
11	examination that is administered during the evaluation, he or she may be re examined in accordance with Rule
12	.0306(h) of this Section.
13	(e) A moderate conscious sedation permit holder shall evaluate a patient for health risks before starting any sedation
14	procedure as follows:
15	(1) a patient who is medically stable and who is ASA I or II shall be evaluated by reviewing the patient's
16	current medical history and medication use or;
17	(2) a patient who is not medically stable or who is ASA III or higher shall be evaluated by a consultation
18	with the patient's primary care physician or consulting medical specialist regarding the potential
19	risks posed by the procedure.
20	(f) Post operative monitoring and discharge:
21	(1) the permit holder or a BLS certified auxiliary under his or her direct supervision shall monitor the
22	patient's vital signs throughout the sedation procedure until the patient is recovered as defined in
23	Subparagraph (f)(2) of this Rule and is ready for discharge from the office.
24	(2) recovery from moderate conscious sedation shall include documentation of the following:
25	(A) cardiovascular function stable;
26	(B) airway patency uncompromised;
27	(C) patient arousable and protective reflexes intact;
28	(D) state of hydration within normal limits;
29	(E) patient can talk, if applicable;
30	(F) patient can sit unaided, if applicable;
31	(G) patient can ambulate, if applicable, with minimal assistance; and
32	(H) for the special needs patient or patient incapable of the usually expected responses, the pre-
33	sedation level of responsiveness or the level as close as possible for that patient shall be
34	achieved.
35	(3) before allowing the patient to leave the office, the dentist shall determine that the patient has met
36	the recovery criteria set out in Subparagraph (f)(2) of this Rule and the following discharge criteria:

1		(A) oxygenation, circulation, activity, skin color, and level of consciousness are stable, and
2		have been documented;
3		(B) explanation and documentation of written postoperative instructions have been provided
4		to the patient or a person responsible for the patient at the time of discharge; and
5		(C) a person authorized by the patient is available to transport the patient after discharge.
6		
7	History Note:	Authority G.S. 90-28; 90-30.1; 90-48;
8		Eff. February 1, 1990;
9		Amended Eff. August 1, 2002; August 1, 2000;
10		Temporary Amendment Eff. December 11, 2002;
11		Amended Eff. June 1, 2017; November 1, 2013; July 1, 2010; July 3, 2008; August 1, 2004;
12		Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9,
13		2018;
14		Amended Eff. <u>February 1, 2023;</u> February 1, 2019; August 1, 2018.

AGENCY: Board of Dental Examiners

RULE CITATION: 21 NCAC 16Q .0405

DEADLINE FOR RECEIPT: Friday, January 13, 2023.

<u>PLEASE NOTE:</u> This request may extend to several pages. Please be sure you have reached the end of the document.

The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

In (c), line 11, what is "BLS-certified"? Same question as in Rule .0103.

In (e)(2), line 21, is there a better way to phrase "evaluated by ... consultation"?

In (e)(2), line 22, is "consulting" a noun or adjective? i.e. does this mean a "consulting medical specialist" as written, or was this supposed to mean that the permit holder should "consult with" the patient's medical specialist. Just checking.

In (f)(3), line 28, mostly out of curiosity, but why must a hand or foot be left exposed?

In (f)(4), line 29, what does "attended" mean?

In (g)(2), line 33, "contraindicated" by whom? The manufacturer?

In (h)(3), line 6, add "the" between "to" and "person."

Also, what do you mean by "car seat"? It seems to me this means something other than a seat in a car.

1 21 NCAC 16Q .0405 is amended as published in 37:07 NCR 550-52 as follows:

3	21 NCAC 16Q .04	405 MODERATE	PEDIATRIC	CONSCIOUS	SEDATION	CLINICAL
4		REQUIREMEN	TS AND EQUIPM	IENT		
5	(a) A dentist administering holding or applying for a permit to administer moderate pediatric conscious sedation shall					
6	ensure that the fa	cility where the sedation	is administered m	eets the following	requirements: be	subject to the
7	requirements set or	ut in Section .0100 of this	Subchapter.			
8	(b) In addition to	the drugs listed in Rule	.0103(c)(3) of this	Subchapter, an un	expired muscle re	<u>elaxant shall be</u>
9	immediately availa	able and be accessible from	n the operatory and	recovery rooms.		
10	(c) In addition to	the requirements set out	in Rule .0103(c)(4) of this Subchapte	r, the permit hold	ler's emergency
11	manual shall inclue	de assignments to be perfo	ormed in the event	of emergency by a	BLS-certified aux	iliary dedicated
12	to patient monitori	<u>ng.</u>				
13	(d) In addition to	the requirements set out ir	<u>n Rule .0103(e) of t</u>	his Subchapter cond	cerning pre-operat	tive procedures,
14	the permit holder	shall ensure that patients	who have been adr	ninistered moderate	pediatric conscio	ous sedation are
15	monitored for aler	rtness, responsiveness, br	eathing, and skin	coloration during v	waiting periods b	efore operative
16	procedures by the	permit holder or an auxilia	ry dedicated to pat	ent monitoring.		
17	(e) As part of the	pre-operative assessment	t required by Rule	.0103(e) of this Su	bchapter, the peri	<u>nit holder shall</u>
18	evaluate the patien	t for health risks as follow	<u>s:</u>			
19	<u>(1)</u> a	a patient who is medically s	stable and who is A	SA I or II shall be ev	aluated by review	ing the patient's
20	<u>c</u>	current medical history and	l medication use; o	<u>r</u>		
21	<u>(2)</u> a	a patient who is not medic	ally stable or who	s ASA III or higher	shall be evaluate	d by the permit
22	<u>h</u>	older's consultation with	the patient's prim	ary care physician	or consulting me	dical specialist
23	<u>r</u>	egarding the potential risk	s posed by the plan	ned dental procedur	<u>e.</u>	
24	(f) If a patient imm	nobilization device is used	l, the permit holder	shall ensure that:		
25	<u>(1) t</u>	he device is applied to avo	oid airway obstructi	on or chest restriction	on;	
26	<u>(2)</u> t	he patient's head position	and respiratory e	xcursions are chec	ked frequently to	ensure airway
27	Į	<u>patency;</u>				
28	<u>(3)</u> a	a hand or foot is kept expo	sed; and			
29	<u>(4)</u> t	he patient is attended at al	<u>l times.</u>			
30	(g) During the se	edation procedure, a mod	lerate pediatric con	scious sedation pe	rmit holder shall	not administer
31	anesthetic or sedat	ive agents:				
32	<u>(1)</u>	lesigned by the manufactu	rer for use in admin	nistering general and	esthesia or deep se	dation;
33	<u>(2)</u> c	contraindicated for use in r	noderate pediatric o	conscious sedation;	or	
34	<u>(3)</u> i	n amounts exceeding the n	nanufacturers' maxi	mum recommended	dosages, unless th	<u>ne permit holder</u>
35	Ċ	locuments in the sedation	record the clinica	l reason for exceed	ing the maximum	<u>n recommended</u>
36	Ċ	losage for the patient.				

1	(h) In addition to the requirements set out in Rule .0103(h) of this Subchapter concerning the patient treatment record,					
2	the permit holder shall maintain documentation of pre-sedation instructions and information provided to the patient					
3	or person responsible for the patient, which shall include:					
4	(1) objectives of the sedation;					
5	(2) anticipated changes in patient behavior during and after sedation;					
6	(3) instructions to person responsible for a patient transported in a car seat regarding patient head					
7	position to avoid airway obstruction;					
8	(4) a 24-hour telephone number for the permit holder or his or her BLS-certified auxiliaries; and					
9	(5) instructions on limitations of activities and dietary precautions.					
10	(i) For purposes of Rule .0104(b)(2) of this Subchapter, during an evaluation, a moderate pediatric conscious sedation					
11	permit holder or applicant shall demonstrate competency in the deployment of an intravenous delivery system as					
12	<u>follows:</u>					
13	(1) a permit holder or applicant who uses intravenous sedation shall demonstrate the administration of					
14	moderate pediatric conscious sedation on a live patient, including the deployment of an intravenous					
15	delivery system; and					
16	(2) a permit holder or applicant who does not use intravenous sedation shall describe the proper					
17	deployment of an intravenous delivery system and shall demonstrate the administration of moderate					
18	pediatric conscious sedation on a live patient.					
19	(1) The facility shall be equipped with the following:					
20	(A) an operatory of size and design to permit access of emergency equipment and personnel					
21	and to permit emergency management;					
22	(B) a CPR board or a dental chair without enhancements, suitable for providing emergency					
23	treatment;					
24	(C) lighting as necessary for specific procedures and back up lighting;					
25	(D) suction equipment as necessary for specific procedures, including non electrical back up					
26	suction;					
27	(E) positive pressure oxygen delivery system, including full face masks for small, medium,					
28	and large patients and back up E cylinder portable oxygen tank apart from the central					
29	system;					
30	(F) small, medium, and large oral and nasal airways;					
31	(G) blood pressure monitoring device;					
32	(H) EKG monitor;					
33	(I) pulse oximeter;					
34	(J) automatic external defibrillator (AED);					
35	(K) precordial stethoscope or capnograph;					
36	(L) thermometer;					
37	(M) vascular access set up as necessary for specific procedures, including hardware and fluids;					

1		(N) laryngoscope with working batteries;
2		(O) intubation forceps and advanced airway devices;
3		(P) tonsillar suction with back up suction;
4		(Q) syringes as necessary for specific procedures; and
5		(R) tourniquet and tape.
6	(2)	The following unexpired drugs shall be maintained in the facility and with access from the operatory
7		and recovery rooms:
8		(A) Epinephrine;
9		(B) Atropine;
10		(C) antiarrhythmic;
11		(D) antihistamine;
12		(E) antihypertensive;
13		(F) bronchodilator;
14		(G) antihypoglycemic agent;
15		(H) vasopressor;
16		(I) corticosteroid;
17		(J) anticonvulsant;
18		(K) muscle relaxant;
19		(L) appropriate reversal agents;
20		(M) nitroglycerine;
21		(N) antiemetic; and
22		(O) Dextrose.
23	(3)	The permit holder shall maintain written emergency and patient discharge protocols. The permit
24		holder shall also provide training to familiarize auxiliaries in the treatment of clinical emergencies;
25	(4)	The following records are maintained for at least 10 years:
26		(A) patient's current written medical history and pre-operative assessment;
27		(B) drugs administered during the procedure, including route of administration, dosage,
28		strength, time, and sequence of administration;
29		(C) a sedation record; and
30		(D) a consent form, signed by the patient or a guardian, identifying the procedure, risks and
31		benefits, level of sedation, and date signed;
32	(5)	The sedation record shall include:
33		(A) base line vital signs, blood pressure (unless patient behavior prevents recording), oxygen
34		saturation, ET CO2 if capnography is utilized, pulse and respiration rates of the patient
35		recorded in real time at 15 minute intervals;
36		(B) procedure start and end times;
37		(C) gauge of needle and location of IV on the patient, if used;

1	(D) status of patient upon discharge; and
2	(E) documentation of complications or morbidity; and
3	(6) The following conditions shall be satisfied during a sedation procedure:
4	(A) the facility shall be staffed with at least two BLS certified auxiliaries, one of whom shall
5	be dedicated to patient monitoring and recording sedation data throughout the sedation
6	procedure. This Subparagraph shall not apply if the dentist permit holder is dedicated to
7	patient care and monitoring regarding sedation throughout the sedation procedure and is
8	not performing the surgery or other dental procedure; and
9	(B) when IV sedation is used, IV infusion shall be administered before the commencement of
10	the procedure and maintained until the patient is ready for discharge.
11	(b) During an inspection or evaluation, applicants and permit holders who use intravenous sedation shall demonstrate
12	the administration of moderate pediatric conscious sedation on a live patient, including the deployment of an
13	intravenous delivery system, while the evaluator observes. Applicants and permit holders who do not use IV sedation
14	shall describe the proper deployment of an intravascular delivery system to the evaluator and shall demonstrate the
15	administration of moderate pediatric conscious sedation on a live patient while the evaluator observes.
16	(c) During the demonstration, all applicants and permit holders shall demonstrate competency in the following areas:
17	(1) monitoring blood pressure, pulse, and respiration;
18	(2) drug dosage and administration;
19	(3) treatment of untoward reactions including respiratory or cardiac depression if applicable;
20	(4) sterile technique;
21	(5) use of BLS certified auxiliaries;
22	(6) monitoring of patient during recovery; and
23	(7) sufficiency of patient recovery time.
24	(d) During an inspection or evaluation, the applicant or permit holder shall demonstrate competency in the treatment
25	of the following clinical emergencies:
26	(1) laryngospasm;
27	(2) bronchospasm;
28	(3) emesis and aspiration;
29	(4) respiratory depression and arrest;
30	(5) angina pectoris;
31	(6) myocardial infarction;
32	(7) hypertension and hypotension;
33	(8) allergic reactions;
34	(9) convulsions;
35	(10) syncope;
36	(11) bradycardia;
37	(12) hypoglycemia;

1	(13)	- cardiac arrest; and			
2	(14)	airway obstruction.			
3	(e) During the c	evaluation, the permit applicant shall take a written examination on the topics set forth in Paragraphs			
4	(c) and (d) of th i	s Rule. The permit applicant must obtain a passing score on the written examination by answering 80			
5	percent of the ex	xamination questions correctly. If the permit applicant fails to obtain a passing score on the written			
6	examination that	t is administered during the evaluation, he or she may be re examined in accordance with Rule			
7	.0408(h) of this	Section.			
8	(f) A moderate	pediatric conscious sedation permit holder shall evaluate patients for health risks before starting any			
9	9 sedation procedure as follows:				
10	(1)	- a patient who is medically stable and who is ASA I or II shall be evaluated by reviewing the patient's			
11		current medical history and medication use; or			
12	(2)	a patient who is not medically stable or who is ASA III or higher shall be evaluated by a consultation			
13		with the patient's primary care physician or consulting medical specialist regarding the potential			
14		risks posed by the procedure.			
15	(g) Patient mon	itoring:			
16	(1)	Patients who have been administered moderate pediatric conscious sedation shall be monitored for			
17		alertness, responsiveness, breathing, and skin coloration during waiting periods before operative			
18		procedures.			
19	(2)	The permit holder or a BLS certified auxiliary under his or her direct supervision shall monitor the			
20		patient's vital signs throughout the sedation procedure until the patient is recovered as defined in			
21		Subparagraph (g)(3) of this Rule and is ready for discharge from the office.			
22	(3)	Recovery from moderate pediatric conscious sedation shall include documentation of the following:			
23		(A) cardiovascular function stable;			
24		(B) airway patency uncompromised;			
25		(C) patient arousable and protective reflexes intact;			
26		(D) state of hydration within normal limits;			
27		(E) patient can talk, if applicable;			
28		(F) patient can sit unaided, if applicable;			
29		(G) patient can ambulate, if applicable, with minimal assistance; and			
30		(H) for the special needs patient or a patient incapable of the usually expected responses, the			
31		pre sedation level of responsiveness or the level as close as possible for that patient shall			
32		be achieved.			
33	(4)	Before allowing the patient to leave the office, the dentist shall determine that the patient has met			
34		the recovery criteria set out in Subparagraph (g)(3) of this Rule and the following discharge criteria:			
35		(A) oxygenation, circulation, activity, skin color, and level of consciousness are stable, and			
36		have been documented;			

1		(B) explanation and documentation of written postoperative instructions have been provided
2		to a person responsible for the patient at time of discharge; and
3		(C) a person responsible for the patient is available to transport the patient after discharge, and
4		for the patient for whom a motor vehicle restraint system is required, an additional
5		responsible individual is available to attend to the patient.
6		
7	History Note:	Authority G.S. 90-28; 90-30.1; 90-48;
8		Eff. June 1, 2017;
9		Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9,
10		2018;
11		Amended Eff. <u>February 1, 2023;</u> February 1, 2019; August 1, 2018.

AGENCY: Board of Dental Examiners

RULE CITATION: 21 NCAC 16Q .0703

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In reviewing this Rule, the staff recommends the following changes be made:

In (a), line 4, I assume "sedation" refers to both moderate conscious sedation and moderate pediatric conscious sedation? I haven't seen where one term was used to capture all kinds of sedation elsewhere in these rules.

In (a), line 10, the paragraph reads as if only general anesthesia permit holders have to file the adverse occurrence report. Please clarify and revise as necessary.

- 1 2
- 21 NCAC 16Q .0703 is amended as published in 37:07 NCR 552-53 as follows:
- 3 21 NCAC 16Q .0703 **REPORTS OF ADVERSE OCCURRENCES** 4 (a) A dentist who holds a permit to administer general anesthesia or sedation shall report to the Board within 72 hours 5 after each adverse occurrence related to the administration of general anesthesia or sedation that results in the death of a patient if the patient dies or has permanent organic brain dysfunction within 24 hours of after the procedure. 6 7 administration of general anesthesia or sedation. Sedation permit holders shall cease administration of sedation until 8 the Board has investigated the death or permanent organic brain dysfunction and approved resumption of permit 9 privileges. General anesthesia permit holders shall cease administration of general anesthesia and sedation until the 10 Board has reviewed the incident adverse occurrence report and approved resumption of permit privileges. 11 (b) A dentist who holds a permit to administer general anesthesia or sedation shall report to the Board within 30 days 12 after each adverse occurrence related to-if the patient is admitted to a hospital on inpatient status for a medical 13 emergency or physical injury within 24 hours after the administration of general anesthesia or sedation.sedation that 14 results in permanent organic brain dysfunction of a patient occurring within 24 hours of the procedure or that results 15 in physical injury or severe medical emergencies, causing hospitalization of a patient occurring within 24 hours of the 16 procedure. 17 (c) The adverse occurrence report shall be in writing and shall include the following: 18 dentist's name, license number and permit number; (1)19 (2)date and time of the occurrence; 20 (3)facility where the occurrence took place; 21 (4)name and address of the patient; 22 (5)surgical procedure involved; 23 (6)type and dosage of sedation or anesthesia utilized in the procedure; 24 (7)circumstances involved in the occurrence; and 25 (8) the entire patient treatment record including anesthesia records. 26 (d) Upon receipt of any such report, report submitted pursuant to this Rule, the Board shall investigate and shall take 27 disciplinary action if the evidence demonstrates that a licensee has violated the Dental Practice Act set forth in Article 28 2 of G.S. Chapter 90 of the General Statutes or the Board's rules of this Chapter. 29 30 History Note: Authority G.S. 90-28; 90-30.1; 90-41; 90-48; 31 Eff. April 1, 2016; 32 Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 33 2018.2018; 34 Amended Eff. February 1, 2023.