

1 11 NCAC 20 .0101 is amended as published in 33:05 NCR 498-500 with changes as follows:

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3 **11 NCAC 20 .0101 SCOPE AND DEFINITIONS**

4 (a) Scope.

- 5 (1) Sections .0200, .0300, and .0400 of this Chapter shall apply to HMOs, licensed insurers offering  
6 PPO benefit plans, and any other entity that falls under the definition of "network plan carrier" is a  
7 network plan carrier as defined in this Rule.  
8 (2) Sections .0500 and .0600 of this Chapter shall apply only to HMOs.  
9 (3) Nothing in this Chapter ~~applies~~ shall apply to service corporations offering benefit plans under  
10 pursuant to G.S. 58-65-25 or G.S. 58-65-30 that do not have any differences in copayments,  
11 coinsurance, or deductibles based on the use of network versus non-network providers.

12 (b) Definitions. As used in this Chapter:

- 13 (1) "Carrier" means a network plan carrier.  
14 (2) "Health care provider" means any person who is licensed, registered, or certified under pursuant to  
15 Chapter 90 of the General Statutes; ~~or~~ a health care facility as defined in G.S. 131E-176(9b); or a  
16 pharmacy.  
17 (3) "Health maintenance organization" or "HMO" has the same meaning as in G.S. 58-67-5(f).  
18 (4) "Intermediary" or "intermediary organization" means any entity that employs or contracts with  
19 health care providers for the provision of health care services; services and that also contracts with  
20 a network plan carrier or its intermediary.  
21 (5) "Member" means an individual who is covered insured by a network plan carrier.  
22 (6) "Network plan carrier" means an insurer, health maintenance organization, or any other entity acting  
23 as an insurer; insurer as defined in G.S. 58-1-5(3); G.S. 58-1-5(3) that provides reimbursement or  
24 provides or arranges to provide health care services; services and uses increased copayments,  
25 deductibles, or other benefit reductions for services rendered by non-network providers to encourage  
26 members to use network providers.  
27 (7) "Network provider" means any health care provider participating in a network utilized by a network  
28 plan carrier.  
29 (8) "PPO benefit plan" means a benefit plan that is offered by a hospital or medical service corporation  
30 or network plan carrier, under pursuant to G.S. 58-50-56, in which plan:  
31 (A) either or both of the following features are present:  
32 (i) utilization review or quality management programs are used to manage the  
33 provision of covered services; or  
34 (ii) enrollees are given incentives via benefit differentials to limit the receipt of  
35 covered services to those furnished by participating providers; and  
36 (B) health care services are provided by participating providers who are paid on negotiated or  
37 discounted fee-for-service bases; and bases or have agreed to accept special reimbursement

1 or other terms for health care services under a contract with the hospital or medical service  
2 corporation or network plan carrier.

3 ~~(C) — there is no transfer of insurance risk to health care providers through capitated payment~~  
4 ~~arrangements, fee withholds, bonuses, or other risk sharing arrangements.~~

5 ~~(9) — "Preferred provider" has the same meaning as in G.S. 58-50-56 and 58-65-1.~~

6 ~~(10)(9)~~ "Provider" means a health care provider.

7 ~~(11)(10)~~ "Quality management" means a program of reviews, studies, evaluations, and other activities used  
8 to monitor and enhance the quality of health care and services provided to members.

9 ~~(12)(11)~~ "Service area" means the geographic area in North Carolina as described by the HMO pursuant to  
10 G.S. 58-67-10(c)(11) ~~[in which]~~ where an HMO enrolls persons who either work in the service area,  
11 reside in the service area, or work and reside in the service and area, as approved by the  
12 Commissioner pursuant to G.S. 58-67-20.

13 ~~(13)(12)~~ "Service corporation" means a medical or hospital service corporation operating under pursuant to  
14 Article 65 of Chapter 58 of the General Statutes.

15 ~~(14)(13)~~ "Single service HMO" means an HMO that undertakes to provide or arrange for the delivery of a  
16 single type or single group of health care services to a defined population on a prepaid or capitated  
17 basis, except for a member's responsibility for non-covered services, coinsurance, copayments, or  
18 deductibles.

19 ~~(15)(14)~~ "Utilization review" means those methodologies used to improve the quality and maximize the  
20 efficiency of the health care delivery system through review of particular instances of care,  
21 including, whenever performed, precertification, concurrent review, discharge planning, and  
22 retrospective review. has the same meaning as in G.S. 58-50-61(17).

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24 *History Note:* Authority G.S. 58-2-40(1); ~~58-50-50; 58-50-55;~~ 58-50-61; 58-65-1; ~~58-65-140;~~ 58-67-150;  
25 *Eff. October 1, 1996;*  
26 *Amended Eff. July 1, 2006; Pursuant to G.S. 150B-21.3A, rule is necessary without substantive*  
27 *public interest Eff. December 16, 2014;*  
28 *Temporary Amendment Eff. September 24, 2018;*  
29 *Amended Effective February 1, 2019.*