21 NCAC 16Q .0105 is adopted with changes as published in 40:03 NCR 311 as follows:

SUBCHAPTER 16Q - GENERAL ANESTHESIA AND SEDATION

SECTION .0100 – GENERAL

21 NCAC 16Q .0105 UPDATE COURSE FOR GENERAL ANESTHESIA AND MODERATE CONSCIOUS SEDATION PERMIT HOLDERS

(a) All general anesthesia permit holders, moderate conscious sedation permit holders, moderate pediatric conscious sedation permit holders, and all auxiliaries dedicated to patient monitoring for these sedation procedures, shall complete a Board-approved update ~~course,~~ course by December 31, 2030, and once every ~~two~~ three ~~years,~~ years thereafter, that includes at least six total hours and covers the following topics:

(1) patient assessment and selection;

(2) appropriate medications and dosages;

(3) different levels of sedation and anesthesia, including inducement, recognition, and reversal;

(4) proper patient monitoring;

(5) effective airway management; and

(6) recognizing, diagnosing, and effectively managing medical emergencies.

(b) The update course shall incorporate ~~a demonstration of sedating a patient or a~~ an in-person simulation that includes induction of deep sedation, recognition of deep sedation, and reversal of deep sedation. ~~If this demonstration involves a live patient, it shall be taught by an instructor who holds a permit or license to administer general anesthesia, including a general anesthesia permit holder or medical anesthesiologist.~~

(c) The update course may apply toward fulfillment of the continuing education requirements for permit ~~renewal.~~ renewal set forth in Rules .0207, .0305, and .0407 of this Subchapter.

~~(d) The requirements of this Rule shall take effect on January 1, 2027.~~

History Note: *Authority G.S. 90-28; 90-30.1; 90-31.1; 90-48;*
Eff. December 1, 2025.

21 NCAC 16Q .0301 is amended with changes as published in 40:03 NCR 311-12 as follows:

SECTION .0300 - MODERATE CONSCIOUS SEDATION

21 NCAC 16Q .0301 CREDENTIALS AND PERMITS FOR MODERATE PARENTERAL AND ENTERAL CONSCIOUS SEDATION

(a) Before a dentist licensed to practice in North Carolina may administer or supervise a CRNA employed to ~~administer~~ administer, or an RN employed to ~~deliver~~ deliver, moderate conscious sedation, the dentist shall obtain a permit from the Board by completing the application requirements in this Rule and paying a fee of three hundred seventy-five ~~dollar~~ dollars ($375.00) that includes the one-hundred dollar ($100.00) application fee and the two-hundred seventy-five dollar ($275.00) inspection fee. The permit shall be renewed annually and shall be displayed with the current renewal at all times in the facility of the permit holder where it is visible to patients receiving treatment.

(b) The permit holder shall provide supervision to any CRNA employed to ~~administer~~ administer, or an RN employed to ~~deliver~~ deliver, sedation, and shall ensure that the level of the sedation does not exceed the level of the sedation allowed by the permit holder's permit.

(c) A dentist applying for a permit to administer moderate conscious sedation shall ~~document~~ provide ~~the following:~~ documentation of the following:

(1) Training that may consist of either:

(A) Course: Completion of 60 hours of Board approved didactic training in intravenous conscious sedation, and 30 hours of clinical training that shall include a record of the applicant's individual management of all aspects of intravenous moderate sedation for a minimum of 20 live patients, under supervision of the course instructor. ~~instructor, using intravenous sedation.~~ BLS training shall not count toward the required hours. ~~Training~~ Course training shall ~~be provided by one or more individuals who~~ meet the requirements of the American Dental Association Guidelines for Teaching Pain Control and Sedation to Dentists and Dental Students for moderate sedation that ~~is~~ are hereby incorporated by reference, including subsequent amendments and editions. The guidelines may be found at ~~www.ada.org/coda; [www.ada.org]~~ https://www.ada.org/-/media/project/ada-organization/ada/ada-org/files/resources/library/oral-health topics/ada_sedation_teaching_guidelines.pdf at no charge. The course director shall provide a written certification of the applicant's competence in moderate sedation techniques and medications, and in rescuing patients from a deeper level of sedation than moderate, including managing the airway, intravascular or intraosseous access, and use of reversal medications; or

(B) Program: Completion of a pre-doctoral dental or postgraduate program that included intravenous conscious sedation training equivalent to that defined in Part (c)(1)(A) of this Rule;

(2) Unexpired ACLS certification; and

(3) ~~That all~~ All auxiliaries involved in sedation procedures that have unexpired BLS certification.

(d) All applicants for a moderate conscious sedation permit shall be in good standing with the Board.

(e) Prior to issuance of a moderate conscious sedation permit, the applicant shall pass an evaluation and a facility inspection. The applicant shall be responsible for passing the evaluation and inspection of his or her facility.

(f) A dentist who holds a moderate conscious sedation permit shall not (i) intentionally administer deep ~~sedation.~~ [~~sedation,~~] sedation; [~~or~~] (ii) otherwise administer medications in a manner that induces deep sedation more than two times in one year; or (iii) administer reversal agents [~~on a repeated basis.~~] without documented clinical justification.

(g) A moderate conscious sedation permit holder may provide moderate conscious sedation at the office of another licensed dentist, regardless of the permit, if any held, by the hosting dentist. The moderate conscious sedation permit holder shall ensure that the facility where the moderate conscious sedation is administered has been inspected and complies with the requirements set out in Rules .0103 and .0302 of this Subchapter. The moderate conscious sedation permit holder shall also obtain an itinerant moderate conscious sedation permit and comply with the requirements of Rule .0304 of this Section.

History Note: *Authority G.S. 90-30.1; 90-39; 90-48;*
Eff. February 1, 1990;
Amended Eff. April 1, 2001; August 1, 2000; January 1, 1994;
Temporary Amendment Eff. December 11, 2002;
Amended Eff. June 1, 2017; July 1, 2010, July 3, 2008; August 1, 2004;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 2018;
Amended Eff. December 1, 2025; August 1, 2024; February 1, 2019; August 1, 2018.