

14B NCAC 10 .0605 AMATEURS - KICKBOXING

(a) In addition to compliance with ~~44A 14B NCAC 12 10 .0201, .0301, .0402, .0502, and .0601 through .0604,~~ the following requirements shall apply to amateur kickboxing matches.

(1) Any contestant competing as an amateur ~~may~~ shall not currently be, or have ever been, a professional fighter in any ~~unarmed combat sport~~ striking sport, including mixed martial arts, boxing, and karate. “Strikes” is defined in Rule .0102 of this Chapter. ~~Striking as defined by 14B NCAC 10.0102 this includes mixed martial arts, boxing, karate, or any other form of a striking sport.~~

~~(2) Amateur weigh ins must be scheduled no earlier than 12 Noon the day of the event.~~

~~(3)~~ (2) Contestants ~~must~~ shall wear footpads and shinguards ~~as meeting~~ that comply with the requirements of Rule .0602 ~~in~~ of this Chapter.

~~(4)~~ (3) Contestants ~~must~~ shall wear 10-ounce competition headgear with no jar bar or excessive ear padding. Training headgear is not allowed.

~~(5)~~ (4) Foot wrappings: For each foot, contestants ~~may~~ shall use ~~soft surgical gauze~~ bandage ~~not over more~~ than two inches wide, held in place by surgical adhesive tape, not ~~over more than~~ one and a half inches wide. Foot wrappings shall not exceed ~~three to four~~ windings of ~~soft surgical gauze~~ bandages around the sole and instep and no more than four windings around the ankle.

~~(6)~~ (5) Kicks below the waist are not permitted.

(b) Matches shall be three, two-minute rounds, with a one-minute rest period between rounds that includes a 10-second warning signal.

(c) Kick counters ~~that comply with the requirements of Rule .0605 in this Chapter~~ shall be in neutral corners only. Each contestant ~~must~~ shall score at least ~~6~~ six hard kicks per round.

(d) The promoter of record must provide to the Division the name, address, date of birth, and social security number of every amateur contestant scheduled to compete in ~~a~~ an event ~~program of matches.~~ This information ~~must~~ shall be submitted no later than seven calendar days prior to the event. The duties and requirements of the promoter of record are in Rules .0402 and .0404 of this Chapter. ~~The duties and requirements of record can be found in Rules .0402 and .0404 in this Chapter.~~

(e) A contestant shall have competed in a minimum of five recorded amateur matches prior to being submitted to compete as a professional kickboxing contestant.

(f) Contestants under 18 years of age may compete only in matches supervised by an Amateur Sport Organization that has been recognized by the Division. To obtain recognition, any Amateur Sports Organization shall establish and ~~provide enact~~ rules for the implementation of health and safety standards and all requirements related to the conduct of matches that are at least as restrictive as the applicable standards and requirements of the Division. Events open to the public where admission is charged for viewing must be conducted by a promoter licensed in accordance with the provisions of Rule .0402 of this Chapter.

History Note: Authority G.S. 143-652.1;

Eff. March 1, 2008;

1 *Transferred from 14A NCAC 12. 0605 Eff. June 1, 2013;*
2 *Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9,*
3 *2018.*

14B NCAC 10 .0810 AMATEUR-MIXED MARTIAL ARTS

(a) In addition to compliance with Rules .0201, .0301, .0402, and .0801 through .0809 of this Chapter, the following requirements apply to amateur mixed martial arts matches:

- (1) Any contestant competing as an amateur ~~may~~ shall not currently be or have ever been, a professional fighter in any ~~unarmed combat~~ striking sport, including mixed martial arts, boxing, and karate.
“Strikes” is defined in Rule .0102 of this Chapter. ~~Striking as defined by 14B NCAC 10.0102 this includes mixed martial arts, boxing, karate, or any other form of a striking sport;~~
- ~~(2) Amateur weigh ins must be scheduled no earlier than 10 AM the day of the match;~~
- ~~(3)~~ (2) Grappling shin guards are optional;
- ~~(4)~~ (3) Elbow strikes to the head ~~are~~ shall not be allowed;
- ~~(5)~~ (4) Striking with the point of the elbow ~~is~~ shall not be allowed;
- ~~(6)~~ (5) Knees to the head at anytime ~~are~~ shall not be allowed;
- ~~(7)~~ (6) Kicks of any type to the head ~~are~~ shall not be allowed; and
- ~~(8)~~ (7) A contestant ~~may~~ shall only strike to the head with his or her fist.

(b) The promoter of record ~~that comply with the requirements of Rule .0810 in this Chapter~~ shall comply with the provisions of Rules .0402 and .0404 in of this Chapter. Provide to the Division the name, address, date of birth, and social security number of every amateur contestants scheduled to compete in ~~a program of matches~~ an event. This information shall be submitted no later than seven calendar days prior to the event.

(c) A contestant shall have a minimum of five recorded amateur matches prior to being submitted to compete as a professional mixed martial arts contestant. This five-match requirement shall be waived by the Division representative if the contestant has previously ~~completely~~ competed in at least five professional boxing or kickboxing matches, or any combination thereof.

(d) Contestants under 18 years of age ~~may~~ shall compete only in matches supervised and regulated by an Amateur Sports Organization that has been recognized by the Division. To obtain recognition, any Amateur Sports Organization shall establish and provide rules for the implementation of health and safety standards and all requirements related to the conduct of matches that are at least as restrictive as the applicable standards and requirements of the Division. Events open to the public where admission is charged for viewing shall be conducted by a promoter licensed in accordance with the provisions of Rule .0402 of this Chapter.

History Note: Authority G.S. 143-652.1;

Eff. March 1, 2008;

Transferred from 14A NCAC 12 .0810 Eff. June 1, 2013;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 2018.