

## Burgos, Alexander N

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**Subject:** FW: [External] Periodic Rule Review 21 NCAC 48

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**From:** Ellen Roeber <eroeber@ncptboard.org>  
**Sent:** Monday, January 5, 2026 4:07 PM  
**To:** Wiggs, Travis C <travis.wiggs@oah.nc.gov>  
**Cc:** Burgos, Alexander N <alexander.burgos@oah.nc.gov>  
**Subject:** RE: [External] Periodic Rule Review 21 NCAC 48

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Thank you. I will be on the lookout for the outcome of that meeting.

Happy New Year!  
Ellen

**Ellen Roeber, PT, DPT**  
Executive Director  
North Carolina Board of Physical Therapy Examiners  
8300 Health Park, Suite 233  
Raleigh, North Carolina 27615  
Phone: (919)490-6393;(800)800-8982  
email: [eroeber@ncptboard.org](mailto:eroeber@ncptboard.org)  
Web address: [www.ncptboard.org](http://www.ncptboard.org)

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**From:** Wiggs, Travis C <[travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)>  
**Sent:** Monday, January 5, 2026 4:06 PM  
**To:** Ellen Roeber <[eroeber@ncptboard.org](mailto:eroeber@ncptboard.org)>  
**Cc:** Burgos, Alexander N <[alexander.burgos@oah.nc.gov](mailto:alexander.burgos@oah.nc.gov)>  
**Subject:** RE: [External] Periodic Rule Review 21 NCAC 48

Good afternoon, Ms. Roeber,

I will recommend that the RRC approve our agreed upon readoption deadline of **May 1, 2029** at the RRC meeting on January 29, 2026.

Please let me know if you have any questions.

Thanks,

Travis C. Wiggs  
Rules Review Commission Counsel

Office of Administrative Hearings

Telephone: 984-236-1929

Email: [travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)

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**From:** Ellen Roeber <[eroeber@ncptboard.org](mailto:eroeber@ncptboard.org)>  
**Sent:** Friday, January 2, 2026 12:33 PM  
**To:** Wiggs, Travis C <[travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)>  
**Subject:** [External] Periodic Rule Review 21 NCAC 48

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Good afternoon, Travis,

See attached timeline concerning rule readoption that was determined by the Board at the December 10, 2025, meeting. Please reach out if there is information that does not seem reasonable or if this is not what is required.

Thanks, and have a great afternoon!

Ellen

**Ellen Roeber, PT, DPT**

Executive Director

North Carolina Board of Physical Therapy Examiners

8300 Health Park, Suite 233

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Phone: (919)490-6393;(800)800-8982

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Web address: [www.ncptboard.org](http://www.ncptboard.org)

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## Burgos, Alexander N

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**Subject:** FW: [External] RE: Periodic Review 21 NCAC 48

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**From:** Wiggs, Travis C <travis.wiggs@oah.nc.gov>  
**Sent:** Friday, December 19, 2025 10:14 AM  
**To:** Roeber, Ellen <eroeber@ncptboard.org>  
**Cc:** Burgos, Alexander N <alexander.burgos@oah.nc.gov>  
**Subject:** RE: [External] RE: Periodic Review 21 NCAC 48

Hi Ellen,

Yes, your readoption timeline should be for all the rules designated as “necessary” in your agency’s periodic review report for 21 NCAC 48. Yes, that subject line would be appropriate.

Correct, you can begin engaging in the steps for readopting said rules, but I suggest waiting until the deadline is officially established. The requirements in 26 NCAC 05 .0212 only relate to information needed for establishing your agency’s readoption deadline.

Hope this helps.

Thanks,

Travis C. Wiggs  
Rules Review Commission Counsel  
Office of Administrative Hearings  
Telephone: 984-236-1929  
Email: [travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)

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**From:** Ellen Roeber <eroeber@ncptboard.org>  
**Sent:** Thursday, December 18, 2025 3:29 PM  
**To:** Wiggs, Travis C <[travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)>  
**Subject:** RE: [External] RE: Periodic Review 21 NCAC 48

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Hi again, Travis,

I need to make sure I am understanding this correctly. Our Board voted to adopt the May 2029 proposed rules readoption deadline.

Even though we would like to do a lot of permanent rulemaking (changes/updates primarily) ahead of that readoption deadline, when we are presenting a timeline to fulfill the requirement from 26 NCAC 05 .0212, should our readoption timeline be for the entire Chapter 48? So, if we were using your attached agency example as a template, would our subject line read: Readoption schedule: 21 NCAC Chapter 48?

In other words, you are looking for a BIG picture, readoption timeline only? What we do for rulemaking ahead of that readoption is not related to fulfilling the requirement in 26 NCAC 05 .0212?

Hopefully, I am making sense. I can further explain if needed.

Thanks!

Ellen

**Ellen Roeber, PT, DPT**

Executive Director

North Carolina Board of Physical Therapy Examiners

8300 Health Park, Suite 233

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Phone: (919)490-6393;(800)800-8982

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## Burgos, Alexander N

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**Subject:** FW: [External] RE: Periodic Review 21 NCAC 48  
**Attachments:** 02 ncac 48c, 48d readoption schedule\_Sept 2025.pdf

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**From:** Wiggs, Travis C <travis.wiggs@oah.nc.gov>  
**Sent:** Monday, December 15, 2025 1:25 PM  
**To:** Roeber, Ellen <eroeber@ncptboard.org>  
**Cc:** Burgos, Alexander N <alexander.burgos@oah.nc.gov>  
**Subject:** RE: [External] RE: Periodic Review 21 NCAC 48

Good afternoon, Ellen,

Thank you for the email and included information. Pursuant to 26 NCAC 05 .0212, can you provide an estimated timeframe of when your agency expects to complete each step in the permanent rulemaking process during readoption? I've attached an example that was submitted by another agency. We understand this is a 3.5 year process, and that unforeseen obstacles may arise, but please provide your best estimate of the timeframe to complete each step.

Please let me know if you have any questions or concerns.

Thanks,

Travis C. Wiggs  
Rules Review Commission Counsel  
Office of Administrative Hearings  
Telephone: 984-236-1929  
Email: [travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)

## Burgos, Alexander N

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**Subject:** FW: [External] RE: Periodic Review 21 NCAC 48  
**Attachments:** Proposed\_Timeline\_Rules\_12042025.pdf; RuleMaking\_Timeframe\_2026.pdf

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**From:** Ellen Roeber <eroeber@ncptboard.org>  
**Sent:** Monday, December 15, 2025 12:03 PM  
**To:** Wiggs, Travis C <travis.wiggs@oah.nc.gov>  
**Cc:** Burgos, Alexander N <alexander.burgos@oah.nc.gov>  
**Subject:** [External] RE: Periodic Review 21 NCAC 48

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Happy Monday, Travis,

The Board met on Wednesday, December 10, 2025, and voted to adopt a readoption deadline of May 1, 2029. If you need a copy of the Board minutes that memorializes that motion, I am happy to send them. The Board also adopted the attached basic timeline for permanent rulemaking ahead of the readoption deadline. I'm not sure if you all wanted that information but thought I would share it just in case and in case you had feedback about it.

On a different, note, thank you again for taking the time to speak with me and offer resources. We have already utilized many of them in preparation for our Board's Rules Committee to begin work.

Have a great week and a great holiday!

Ellen

**Ellen Roeber, PT, DPT**  
Executive Director  
North Carolina Board of Physical Therapy Examiners  
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Raleigh, North Carolina 27615  
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## **NC Board of PT Examiners Timeline for Permanent Rulemaking Ahead of Readoption Deadline**

1<sup>st</sup> step: Divide rules that require modernization and updating into 4 large buckets

2<sup>nd</sup> step: Prioritize buckets based on impact (i.e. licensing rules first priority as they will decrease barriers to licensing)

3<sup>rd</sup> step: Rules Committee lays foundation and works through language for permanent rulemaking (rule changes/updates/modernization)

4<sup>th</sup> step: These changes will be brought to Board meetings by the Rules Committee for full Board review and approval

5<sup>th</sup> step: Formatting of the rule changes will be completed in compliance with requirements

6<sup>th</sup> step: First bucket of rule changes will enter the chart of rulemaking deadlines (see NC Register Publication Schedule for 2026) for the 03/24/2026 last day of filing.

7<sup>th</sup> step: First bucket of rule changes will make it through the entire publication schedule to become permanent rules.

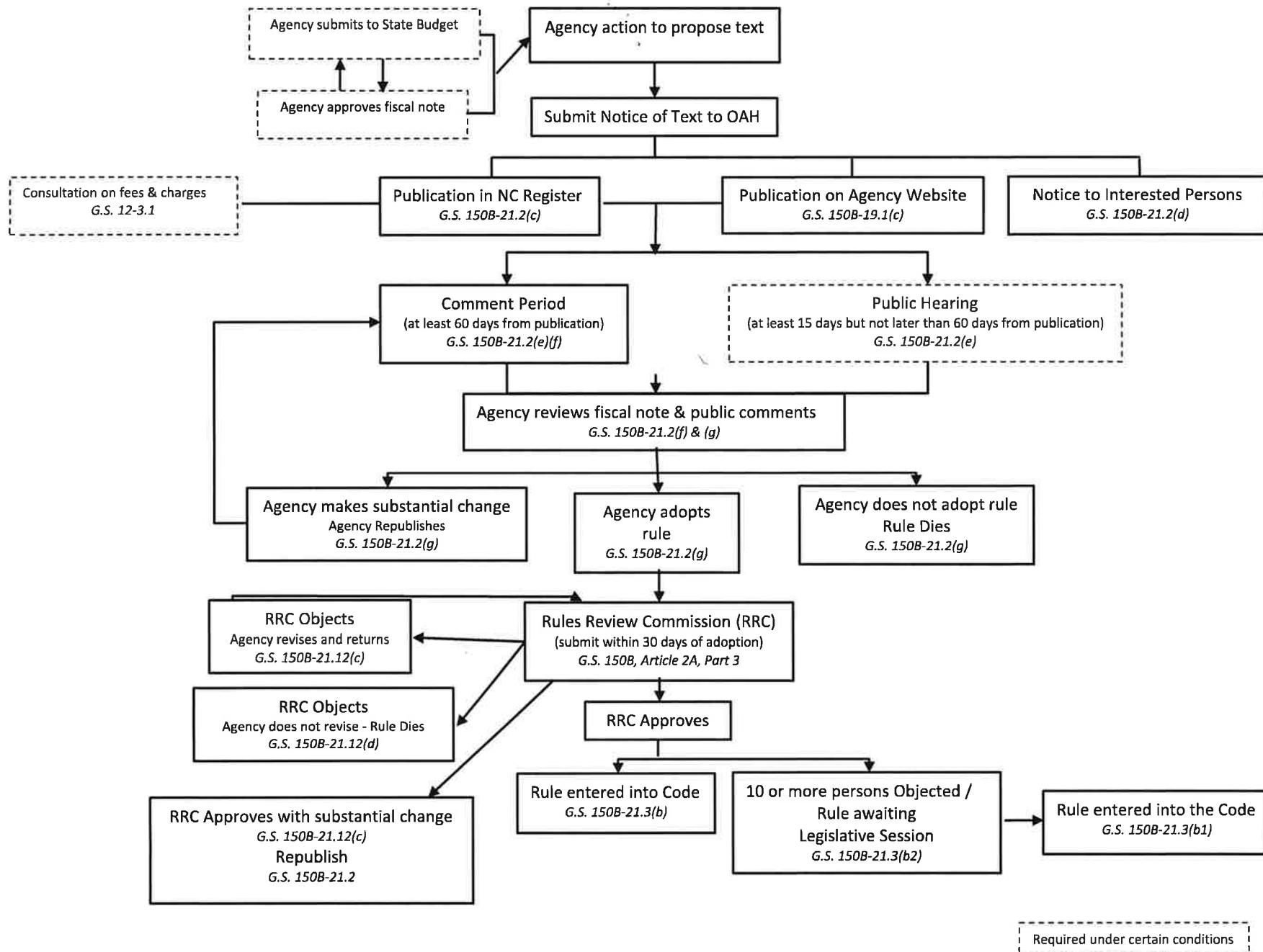
8<sup>th</sup> step: Steps 3-7 will be repeated until all 4 large buckets of rules that require updates/changes are completed. Goal will be to complete all permanent rulemaking ahead of the rule readoption deadline established by the RRC (2029).

**NORTH CAROLINA REGISTER**  
Publication Schedule for January 2026 – December 2026

FILING DEADLINES			NOTICE OF TEXT		PERMANENT RULE			TEMPORARY RULES
Volume & issue number	Issue date	Last day for filing	Earliest date for public hearing	End of required comment Period	Deadline to submit to RRC for review at next meeting	RRC Meeting Date	Earliest Eff. Date of Permanent Rule	270 <sup>th</sup> day from publication in the Register
40:13	01/02/26	12/11/25	01/17/26	03/03/26	03/20/26	04/28/2026	05/01/26	09/29/26
40:14	01/15/26	12/23/25	01/30/26	03/16/26	03/20/26	04/28/2026	05/01/26	10/12/26
40:15	02/02/26	01/09/26	02/17/26	04/06/26	04/20/26	05/28/2026	06/01/26	10/30/26
40:16	02/16/26	01/26/26	03/03/26	04/17/26	04/20/26	05/28/2026	06/01/26	11/13/26
40:17	03/02/26	02/09/26	03/17/26	05/01/26	05/20/26	06/25/2026	07/01/26	11/27/26
40:18	03/16/26	02/23/26	03/31/26	05/15/26	05/20/26	06/25/2026	07/01/26	12/11/26
40:19	04/01/26	03/11/26	04/16/26	06/01/26	06/20/26	07/30/2026	08/01/26	12/27/26
40:20	04/15/26	03/24/26	04/30/26	06/15/26	06/20/26	07/30/2026	08/01/26	01/10/27
40:21	05/01/26	04/10/26	05/16/26	06/30/26	07/20/26	08/27/2026	09/01/26	01/26/27
40:22	05/15/26	04/24/26	05/30/26	07/14/26	07/20/26	08/27/2026	09/01/26	02/09/27
40:23	06/01/26	05/08/26	06/16/26	07/31/26	08/20/26	09/29/2026	10/01/26	02/26/27
40:24	06/15/26	05/22/26	06/30/26	08/14/26	08/20/26	09/29/2026	10/01/26	03/12/27
41:01	07/01/26	06/10/26	07/16/26	08/31/26	09/20/26	10/29/2026	11/01/26	03/28/27
41:02	07/15/26	06/23/26	07/30/26	09/14/26	09/20/26	10/29/2026	11/01/26	04/11/27
41:03	08/03/26	07/13/26	08/18/26	10/02/26	10/20/26	11/24/2026	12/01/26	04/30/27
41:04	08/17/26	07/27/26	09/01/26	10/16/26	10/20/26	11/24/2026	12/01/26	05/14/27
41:05	09/01/26	08/11/26	09/16/26	11/02/26	11/20/26	12/17/2026	01/01/27	05/29/27
41:06	09/15/26	08/24/26	09/30/26	11/16/26	11/20/26	12/17/2026	01/01/27	06/12/27
41:07	10/01/26	09/10/26	10/16/26	11/30/26	12/20/26	01/28/2027	02/01/27	06/28/27
41:08	10/15/26	09/24/26	10/30/26	12/14/26	12/20/26	01/28/2027	02/01/27	07/12/27
41:09	11/02/26	10/12/26	11/17/26	01/04/27	01/20/27	02/25/2027	03/01/27	07/30/27
41:10	11/16/26	10/23/26	12/01/26	01/15/27	01/20/27	02/25/2027	03/01/27	08/13/27
41:11	12/01/26	11/05/26	12/16/26	02/01/27	02/20/27	03/25/2027	04/01/27	08/28/27
41:12	12/15/26	11/20/26	12/30/26	02/15/27	02/20/27	03/25/2027	04/01/27	09/11/27

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## PERMANENT RULEMAKING PROCESS



## Burgos, Alexander N

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**From:** Ellen Roeber <eroeber@ncptboard.org>  
**Sent:** Wednesday, November 12, 2025 2:06 PM  
**To:** Wiggs, Travis C  
**Cc:** Burgos, Alexander N  
**Subject:** RE: [External] RE: Periodic Review 21 NCAC 48

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Monday, November 17 @11 or 1 or 2 would work great for me. Remote meeting is fine with me even if just by phone.

**Ellen Roeber, PT, DPT**

Executive Director  
North Carolina Board of Physical Therapy Examiners  
8300 Health Park, Suite 233  
Raleigh, North Carolina 27615  
Phone: (919)490-6393;(800)800-8982  
email: [eroeber@ncptboard.org](mailto:eroeber@ncptboard.org)  
Web address: [www.ncptboard.org](http://www.ncptboard.org)

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**From:** Wiggs, Travis C <travis.wiggs@oah.nc.gov>  
**Sent:** Wednesday, November 12, 2025 1:27 PM  
**To:** Ellen Roeber <eroeber@ncptboard.org>  
**Cc:** Burgos, Alexander N <alexander.burgos@oah.nc.gov>  
**Subject:** RE: [External] RE: Periodic Review 21 NCAC 48

Yes, mam. Does the morning of 11/14 (Friday) or 11/17(Monday) work for you? If so, please propose a time on either day. Do you prefer a call or would you like to meet remotely?

Thanks,

Travis C. Wiggs  
Rules Review Commission Counsel  
Office of Administrative Hearings  
Telephone: 984-236-1929  
Email: [travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)

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**From:** Ellen Roeber <eroeber@ncptboard.org>  
**Sent:** Wednesday, November 12, 2025 1:04 PM  
**To:** Wiggs, Travis C <travis.wiggs@oah.nc.gov>  
**Cc:** Burgos, Alexander N <alexander.burgos@oah.nc.gov>  
**Subject:** [External] RE: Periodic Review 21 NCAC 48

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Good afternoon, Travis,

Perfect timing as, just today, Board staff met about summarizing the information discussed thus far by the Board related to rule readoption. I have a list of questions and am eager for your consult and guidance. Can we schedule a time to meet? I think it will be much easier to explain in a meeting rather than in writing.

Thanks in advance!

Ellen

**Ellen Roeber, PT, DPT**

Executive Director

North Carolina Board of Physical Therapy Examiners

8300 Health Park, Suite 233

Raleigh, North Carolina 27615

Phone: (919)490-6393;(800)800-8982

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**From:** Wiggs, Travis C <[travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)>

**Sent:** Wednesday, November 12, 2025 12:48 PM

**To:** Ellen Roeber <[eroeber@ncptboard.org](mailto:eroeber@ncptboard.org)>

**Cc:** Burgos, Alexander N <[alexander.burgos@oah.nc.gov](mailto:alexander.burgos@oah.nc.gov)>

**Subject:** RE: Periodic Review 21 NCAC 48

Good afternoon,

The attached periodic review report has been finalized. The next step is to set a deadline for the readoption of the "Necessary" rules. Pursuant to G.S. 150B-21.3A and 26 NCAC 05 .0212, the RRC sets this deadline after consultation with the agency, and this email serves as the RRC's request for that consultation. Please review 26 NCAC 05 .0212 for the information required to be submitted to the RRC, and the deadlines for doing so.

The deadline for your agency to provide this information is **January 20, 2026**. As a starting point, I'm proposing a few readoption deadlines options for your consideration: **January 1, 2027; February 1, 2029; or May 1, 2029**. I am open to considering a different readoption deadline based on the needs of your agency.

Please reply to confirm receipt of this email. Let me know if you have any questions.

Thank you.

Travis C. Wiggs  
Rules Review Commission Counsel  
Office of Administrative Hearings  
Telephone: 984-236-1929  
Email: [travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)

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**From:** Julie B. Eddins <[julie.eddins@oah.nc.gov](mailto:julie.eddins@oah.nc.gov)>  
**Sent:** Friday, November 7, 2025 3:27 PM  
**To:** Roeber, Ellen <[eroeber@ncptboard.org](mailto:eroeber@ncptboard.org)>  
**Cc:** Wiggs, Travis C <[travis.wiggs@oah.nc.gov](mailto:travis.wiggs@oah.nc.gov)>  
**Subject:** Periodic Review 21 NCAC 48

Good afternoon,

The determinations in the attached periodic review report for 21 NCAC 48 were effective October 29, 2025. Commission Counsel Travis Wiggs will reach out to you to discuss setting the readoption date.

Let me know if you have any questions.

Julie

***Julie B. Eddins***  
Publications Coordinator  
NC Office of Administrative Hearings  
Phone 984-236-1937 (direct) – ***new number effective March 14, 2025***  
***[julie.eddins@oah.nc.gov](mailto:julie.eddins@oah.nc.gov)***



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