

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: Boxing and Combat Sports Commission

RULE CITATION: 14B NCAC 10 .0605

DEADLINE FOR RECEIPT: September 17, 2025

PLEASE NOTE: This request may extend to several pages. Please be sure you have reached the end of the document.

The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

On line 5, is “striking sport” defined in another rule or general statute? If so, please cite it. If it’s not defined elsewhere, cross-reference the definition of “strikes” in 14B NCAC 10 .0102.

On line 10, it appears there is a space between the hyphen after “10” and “ounce.” Please delete the space.

On line 18, delete “that comply with the requirements of Rule .0605” after “kick counters”. The only requirements for kick-counters are already listed in (c) of this Rule.

On line 19, cite “Rules .0402 and .0404 in this Chapter” that lists the duties/requirements of a “promoter of record”.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Travis C. Wiggs
Commission Counsel
Submitted to Agency: September 3, 2025

14B NCAC 10 .0605 AMATEURS - KICKBOXING

(a) In addition to compliance with ~~14A~~ 14B NCAC ~~12~~ 10 .0201, .0301, .0402, .0502, and .0601 through .0604, the following requirements shall apply to amateur kickboxing matches.

(1) Any contestant competing as an amateur ~~may~~ shall not currently be or have ever been a professional fighter in any ~~unarmed combat sport~~ striking sport. This includes mixed martial arts, boxing, karate, or any other form of a striking sport.

~~(2) Amateur weigh-ins must be scheduled no earlier than 12 Noon the day of the event.~~

~~(3)~~ (2) Contestants ~~must~~ shall wear footpads and shinguards ~~as meeting~~ that comply with the requirements of Rule .0602 in this Chapter.

~~(4)~~ (3) Contestants ~~must~~ shall wear 10 - ounce competition headgear with no jar bar or excessive ear padding. Training headgear is not allowed.

~~(5)~~ (4) Foot wrappings: For each foot, contestants ~~may~~ shall use ~~soft surgical gauze~~ bandage ~~not over more~~ than two inches wide, held in place by surgical adhesive tape, not ~~over more than~~ one and a half inches wide. Foot wrappings shall not exceed ~~three to~~ four windings of ~~soft surgical gauze~~ bandages around the sole and instep and no more than four windings around the ankle.

~~(6)~~ (5) Kicks below the waist are not permitted.

(b) Matches shall be three, two minute rounds, with a one minute rest period between rounds that includes a 10 - second warning signal.

(c) Kick counters that comply with the requirements of Rule .0605 in this Chapter shall be in neutral corners only. Each contestant ~~must~~ shall score at least ~~6~~ six hard kicks per round.

(d) The promoter of record must provide to the Division the name, address, date of birth, and social security number of every amateur contestant scheduled to compete in ~~a an event program of matches~~. This information ~~must~~ shall be submitted no later than seven calendar days prior to the event.

(e) A contestant shall have competed in a minimum of five recorded amateur matches prior to being submitted to compete as a professional kickboxing contestant.

(f) Contestants under 18 years of age may compete only in matches supervised by an Amateur Sport Organization that has been recognized by the Division. To obtain recognition, any Amateur Sports Organization shall establish and ~~provide enact~~ rules for the implementation of health and safety standards and all requirements related to the conduct of matches that are at least as restrictive as the applicable standards and requirements of the Division. Events open to the public where admission is charged for viewing must be conducted by a promoter licensed in accordance with the provisions of Rule .0402 of this Chapter.

History Note: Authority G.S. 143-652.1;

Eff. March 1, 2008;

Transferred from 14A NCAC 12. 0605 Eff. June 1, 2013;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 2018.

REQUEST FOR CHANGES PURSUANT TO G.S. 150B-21.10

AGENCY: Boxing and Combat Sports Commission

RULE CITATION: 14B NCAC 10 .0810

DEADLINE FOR RECEIPT: September 17, 2025

PLEASE NOTE: This request may extend to several pages. Please be sure you have reached the end of the document.

The Rules Review Commission staff has completed its review of this Rule prior to the Commission's next meeting. The Commission has not yet reviewed this Rule and therefore there has not been a determination as to whether the Rule will be approved. You may email the reviewing attorney to inquire concerning the staff recommendation.

In reviewing this Rule, the staff recommends the following changes be made:

On line 5, is “striking sport” defined in another rule or general statute? If so, please cite it. If it’s not defined elsewhere, cross-reference the definition of “strikes” in 14B NCAC 10 .0102.

On line 14, delete “that comply with the requirements of Rule .0810 in this Chapter”. This Rule does not speak to the duties/requirements of “promoter of record”. Please cite Rules .0402 and .0404 in this Chapter” instead.

Please retype the rule accordingly and resubmit it to our office at 1711 New Hope Church Road, Raleigh, North Carolina 27609.

Travis C. Wiggs
Commission Counsel
Submitted to Agency: September 3, 2025

14B NCAC 10 .0810 AMATEUR-MIXED MARTIAL ARTS

(a) In addition to compliance with Rules .0201, .0301, .0402, and .0801 through .0809 of this Chapter, the following requirements apply to amateur mixed martial arts matches:

(1) Any contestant competing as an amateur ~~may~~ shall not currently be or have ever been, a professional fighter in any ~~unarmed combat striking~~ sport. This includes mixed martial arts, boxing, karate, or any other form of a striking sport;

~~(2) Amateur weigh-ins must be scheduled no earlier than 10 AM the day of the match;~~

~~(3)~~ (2) Grappling shin guards are optional;

~~(4)~~ (3) Elbow strikes to the head ~~are~~ shall not be allowed;

~~(5)~~ (4) Striking with the point of the elbow ~~is~~ shall not be allowed;

~~(6)~~ (5) Knees to the head at anytime ~~are~~ shall not be allowed;

~~(7)~~ (6) Kicks of any type to the head ~~are~~ shall not be allowed; and

~~(8)~~ (7) A contestant ~~may~~ shall only strike to the head with his or her fist.

(b) The promoter of record that comply with the requirements of Rule .0810 in this Chapter shall provide to the Division the name, address, date of birth, and social security number of every amateur contestants ~~scheduled to compete in a program of matches~~ an event. This information shall be submitted no later than seven calendar days prior to the event.

(c) A contestant shall have a minimum of five recorded amateur matches prior to being submitted to compete as a professional mixed martial arts contestant. This five match requirement shall be waived by the Division representative if the contestant has previously ~~completely competed~~ in at least five professional boxing or kickboxing matches, or any combination thereof.

(d) Contestants under 18 years of age ~~may~~ shall compete only in matches supervised and regulated by an Amateur Sports Organization that has been recognized by the Division. To obtain recognition, any Amateur Sports Organization shall establish and provide rules for the implementation of health and safety standards and all requirements related to the conduct of matches that are at least as restrictive as the applicable standards and requirements of the Division. Events open to the public where admission is charged for viewing shall be conducted by a promoter licensed in accordance with the provisions of Rule .0402 of this Chapter.

History Note: Authority G.S. 143-652.1;

Eff. March 1, 2008;

Transferred from 14A NCAC 12 .0810 Eff. June 1, 2013;

Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9, 2018.